

# An in vitro bacterial adhesion assessment of surface-modified medical-grade PVC

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## A B S T R A C T

Medical-grade polyvinyl chloride was surface modified by a multistep physicochemical approach to improve bacterial adhesion prevention properties. This was fulfilled via surface activation by diffuse coplanar surface barrier discharge plasma followed by radical graft copolymerization of acrylic acid through surface-initiated pathway to render a structured high density brush. Three known antibacterial agents, bronopol, benzalkonium chloride, and chlorhexidine, were then individually coated onto functionalized surface to induce biological properties. Various modern surface probe techniques were employed to explore the effects of the modification steps. In vitro bacterial adhesion and biofilm formation assay was performed. *Escherichia coli* strain was found to be more susceptible to modifications rather than *Staphylococcus aureus* as up to 85% reduction in adherence degree of the former was observed upon treating with above antibacterial agents, while only chlorhexidine could retard the adhesion of the latter by 50%. Also, plasma treated and graft copolymerized samples were remarkably effective to diminish the adherence of *E. coli*.

## 1. Introduction

Various strains of bacteria are capable of adherence and proliferation on biomedical polymers leading to serious nosocomial contaminations [1,2]. In this situation, the implant has to be taken away because of the poor success of the treatment; hence, much emphasis has been laid on practical ways to thwart device-related infections via delivering anti-infective polymeric implants [3]. However, this can be accomplished through compounding with antibacterial agents, but such a conventional technology demands large quantities of antibacterial agents and since they are not immobilized on the surface, subsequent to implantation, a gradual release of the biocides occurs inside the human body posing health concerns [4].

Surface modification is a straightforward strategy to render anti-adherence quality which deters the susceptibility to bacterial adhesion [5]. This can be achieved by deposition of thin antibacterial layers tethered to the surface of polymeric support already chemically grafted with a spacer of a brush-like pattern. This multistep approach has aroused great interest thanks to several

advantages such as convenient and controllable introduction of biocidal species with a high surface density together with precise localization and long stability of the grafted layers [6,7]. In the first phase, a preliminary functionalization has to be achieved regarding an inherent lack of active entities on the pristine substrate, where low temperature-atmospheric pressure plasma treatment has been proved to be effective therein [8,9]. However, the necessity to shorten the treatment duration to a few seconds calling for rather high plasma power density remains a critical impediment to large-scale applications of this type of plasma [10]. To resolve the shortcomings, an innovative discharge technology has been developed [11], capable of generating a homogeneous plasma layer under ambient pressure with a high power density in the immediate vicinity of the treated surface, namely, diffuse coplanar surface barrier discharge (DCSBD). It is based on surface dielectric barrier discharge with a high density of fine discharge streamers generated on a dielectric surface in parallel with the sample surface [12,13]. In the second step of the procedure, an end-functionalized polymer brush monolayer is formed onto the surface preferably via grafting-from pathway assisting the formation of a thick layer of high grafting density on the surface using generation of appropriate initiators attached to the substrate in which monomers are able to easily penetrate through the already-grafted layer and contribute to the chain growth [14-16]. As the final step, antibacterial

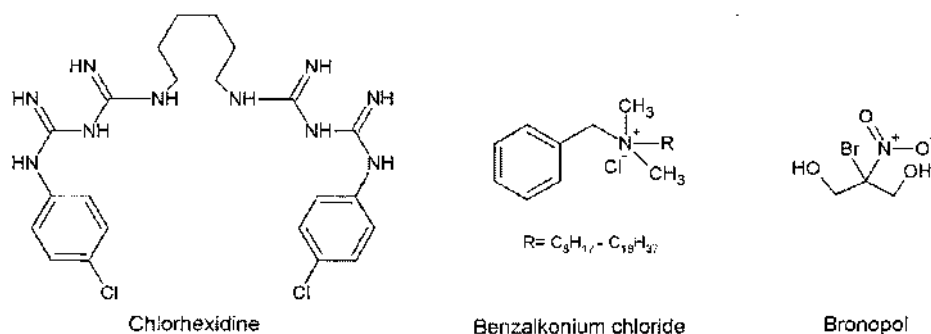


Fig. 1. Structural formulas of three employed antibacterial agents.

species are immobilized onto this platform to convey the desired biological activities. To ensure immobilization, a fixative may be added, depending on the existing chemical functionalities of the antibacterial molecules to induce crosslinking [17].

Benzalkonium chloride is one of the safest synthetic biocides known as yet which is classified as a quaternary ammonium compound (Fig. 1) currently used in human pharmaceuticals [18,19]. Another efficient biocide, that exhibits immediate, long term antibacterial effectiveness as well as marginal toxicity in clinical use, is bronopol (2-bromo-2-nitropropane-1,3-diol) (Fig. 1) used in consumer products as an effective preservative agent, as well as in a wide variety of industrial applications [20,21]. Chlorhexidine, (1,1'-hexamethylene bis[5-(4-chlorophenyl)biguanide]) (Fig. 1), is a clinically important biocide, disinfectant, and preservative which exists in oral rinses and skin cleansers, and, in small quantities, it is used as a preservative [22,23]. A limited number of published papers have been devoted hitherto to study the above antibacterial agents as biological coatings on polymeric supports [21,24–29]. Zhang et al. [21,24] immobilized bronopol entities on medical-grade polyethylene (PE) [21] and PVC [24] by means of plasma treatment and reported excellent antibacterial properties against *Staphylococcus aureus* (*S. aureus*) and *Escherichia coli* (*E. coli*) strains. They also investigated bacterial adhesion on the modified samples and observed a low number of active adhered bacteria. The same authors [25] reported that the modified PE samples coated with bronopol exhibited excellent bactericidal effects against *E. coli* and *S. aureus* when the bacteria concentration in the suspension was  $10^6$  CFU mL<sup>-1</sup>. However, when the concentration exceeded  $10^8$  CFU mL<sup>-1</sup>, the samples failed to develop noticeable resistance towards a large number of bacteria on account of the bacterial biofilm formation on the surfaces. Harnet et al. [26] investigated the antibacterial effects obtained with chlorhexidine-functionalized polyelectrolyte films built on different types of suture materials and reported an inhibition of *E. coli* proliferation by 40% and 99% after 24 and 48 h incubation periods, respectively. Adams et al. [27] gave an account of the enhanced antiseptic efficacy of 2% (w/v) chlorhexidine in 70% (v/v) isopropyl alcohol compared to the equal concentration of the same material in pure water used as a common skin disinfectant solution. Yao et al. [28] reported a highly efficient antibacterial layer on PU fibrous membranes obtained from quaternary ammonium entities. In another study, Thome et al. [29] developed novel antibacterial coatings on PE films from various innocuous polyammonium compounds and reported a reduced settlement of bacteria such as *Micrococcus luteus* and *E. coli* by a factor of  $10^5$ - $10^6$  after treatment. More attempts have yet to be made to further spotlight the issues surrounding the interactions of above antibacterial agents and pathogenic bacteria.

The main focus of this unprecedented work is directed at deposition of the above described antibacterial agents onto medical-grade

PVC using the multistep physicochemical approach and to assess and compare the subsequent anti-adherence properties against both gram-positive and gram-negative bacteria. Surface characterizations are also implemented by means of various probe techniques to examine surface characteristics and the acquired data are discussed. The broad application window of medical-grade PVC as a leading biomedical polymer underlies the motivation of choosing this material as a target for the current work.

## 2. Materials and methods

### 2.1. Materials

PVC pellets, extrusion medical-grade RB1/T3M of 1.25 g cm<sup>-3</sup> density, were obtained from ModenPlast (Italy) and used as received. Bronopol (2-bromo-2-nitro-1,3-propanediol) (98.0%, purum), acrylic acid (99.0%, anhydrous), and N-(3-dimethyl aminopropyl)-N'-ethyl carbodiimide hydrochloride (EDAC, 98.0%) were supplied by Fluka (USA). Absolute ethanol (99.8%, spectranal) was obtained from Riedel-de Haen (Germany). Benzalkonium chloride with the predominant chemical formula of C<sub>12</sub>H<sub>25</sub>N<sup>+</sup>Cl<sup>-</sup>, chlorhexidine (1,1'-hexamethylene bis[5-(4-chlorophenyl)biguanide], 98%), sodium metabisulfite (99.0%, reagentplus), glutaraldehyde (as 25.0 wt.% aq. solution), ethylene glycol, (99.8%, anhydrous), diiodomethane (99.0%, reagentplus), formamide (99.5%, molecular biology grade), and Triton X-1 00 (laboratory grade) were all supplied by Sigma-Aldrich (USA).

### 2.2. Substrates preparation

PVC granules were moulded by hot pressing at 165 °C for 10 min, formed into flat sheets of 1 mm thickness, and subsequently cut into 4 cm x 5 cm pieces after cooling. The substrates were then washed thoroughly by rinsing with dilute ethanol, sonicating first with 0.1% (v/v) aq. solution of non-ionic surfactant (Triton X-1 00), and then with deionized water at 30 °C for 10 min. Finally, they were dried in an air-circulating oven at 30 °C for 24 h.

### 2.3. Plasma treatment

Plasma treatment was implemented in static conditions using the DCSBD technology of laboratory scale with air as the gaseous medium at atmospheric pressure and ambient temperature. A schematic representation of the plasma system is given in Fig. 2. It basically consists of a series of parallel metallic electrodes inlaid in a ceramic dielectric which are located inside a glass chamber which allows the carrier gases to flow. All samples were treated on both sides with plasma power of 200 W (1.1 A) for 15 s.

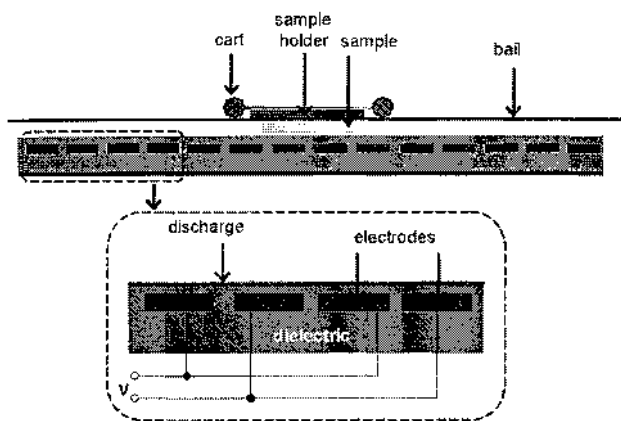


Fig. 2. Schematic representation of DCSBD plasma system.

#### 2.4. Graft copolymerization

PVC substrates, upon treatment with plasma, were immersed into spacer solutions containing 10% (v/v) acrylic acid (AA) aq. solution. To ensure a radical graft copolymerization of AA onto PVC following the surface-initiated pathway (Fig. 3a), 0.1 wt.%

sodium metabisulfite was added an efficient reductant to inhibit AA homopolymerization [30]. The reaction was permitted to proceed at 30 °C for 24 h. The samples were taken out of the solutions, washed with 0.05% (v/v) Triton X-100 aq. solution and also deionized water in an ultrasonic bath for 5 min at 30 °C to remove any unbound polyacrylic acid (PAA) species on the surface. Drying was carried out in an air-circulating oven under 30 °C for 24 h.

#### 2.5. Antibacterial agents deposition

PVC-grafted-polyacrylic acid samples were immersed into 0.1% (w/v) EDAC aq. solution at 4°C for 6 h in order to activate the carboxyl groups on the surface. The activation mechanism is outlined in Fig. 3b, where a highly active key intermediate, O-acylisourea, is produced having potential to react with reducing agents [31]. Subsequent to carboxyl activation, the substrates were transferred to solutions containing antibacterial agents, that is, 2% (w/v) bronopol in absolute ethanol, 2% (w/v) benzalkonium chloride aq. solution, and 2% (w/v) chlorhexidine in isopropanol 70% (v/v) aq. solution, and kept there at 30 °C for 24 h in order to coat the surface with antibacterial molecules (Fig. 3a). To ensure immobilization of chlorhexidine, due to the presence of amine groups, the samples, after having been rinsed several times with deionized water, were dipped into 1% (w/v) glutaraldehyde aq. solution at 4°C overnight acting as an amine-reactive homobifunctional fixative

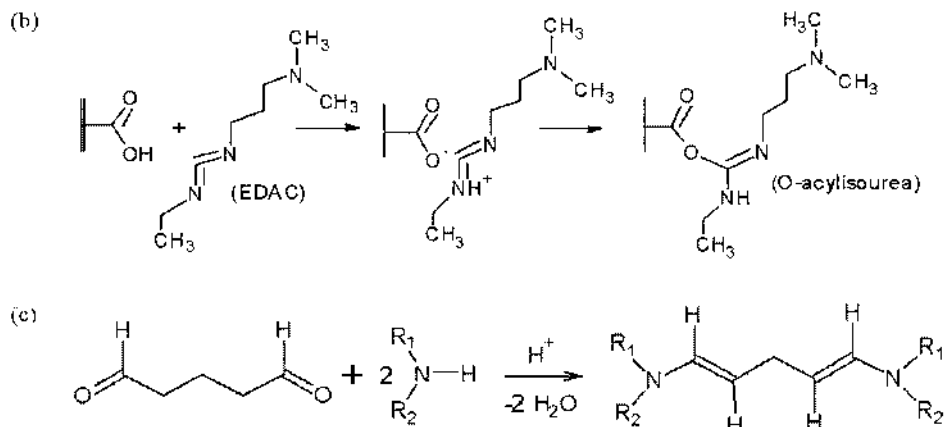
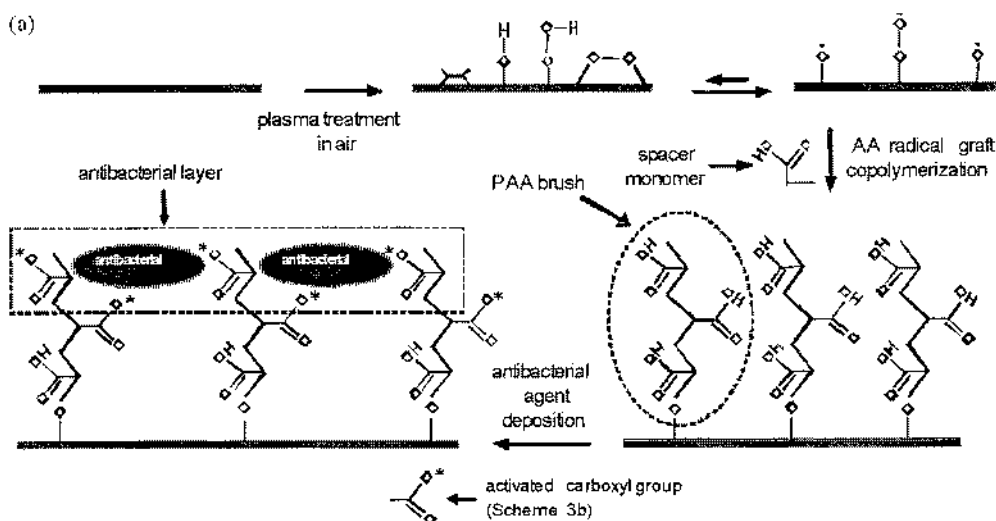


Fig. 3. Multistep strategy for antibacterial agents deposition onto PVC substrate (a), carboxyl group activation mechanism by EDAC (b), and enamine formation following secondary amine and glutaraldehyde reaction (c).

to immobilize chlorhexidine species onto the surface via crosslinking. Crosslinking takes place by enamine formation as a result of a reaction between secondary amine and glutaraldehyde [32], as depicted in Fig. 3c. All of samples were finally washed and dried following the procedure described above.

## 2.6. Surface wettability assessment

The wettability of the samples was evaluated using contact angle analysis and water absorption test. Static contact angle measurements by the sessile drop method were carried out via Surface Energy Evaluation (See) System (Advex Instruments) equipped with a CCD camera using a set of standard testing liquids at 22 °C and 60% relative humidity. The data analysis was performed via the See System software. Each resulting contact angle was an average of 10 measured values recorded 30 s after reposing each drop of 5  $\mu\text{L}$  volume on the sample surface. Water absorption test was implemented by exposing each specimen to water at 22 °C for 24 h and gently padding with a filter paper to eliminate the unabsorbed water. The results were reported as a percentage of water absorption ( $[(\text{wet weight} - \text{dry weight}) / \text{dry weight}] \times 100$ ) after taking means of three replicates.

## 2.7. Surface morphology examination

Scanning electron microscopy (SEM) was carried out on VEGA ILMU (TESCAN) operating in the high vacuum/secondary electron imaging mode at an accelerating voltage of 5-20 kV. The samples were sputter coated with a thin layer of palladium/gold alloy and tilted 30° to reach enhanced resolution and observation of the surface topography. The images were taken at 30 000 x magnification.

## 2.8. Surface chemistry examination

ATR-FTIR spectra were collected at a spectral resolution of 2  $\text{cm}^{-1}$  via Avatar 320 FT-IR spectrometer (Nicolet) equipped with ZnSe crystal at an incident angle of 45°. Each spectrum represents 64 co-added scans rationed against a reference spectrum obtained by recording 64 co-added scans of an empty ATR cell. The acquired spectra were analyzed using OMNIC Software Suite. X-ray Photoelectron Spectroscopy (XPS) was conducted using TFA XPS Physical Electronics. The base pressure in the XPS analysis chamber was  $\ll 6 \times 10^{-8}$  Pa. The samples were excited by X-rays over a 400- $\mu\text{m}$  diameter spot area with a monochromatic Al  $K_{\alpha 1,2}$  radiation at 1486.6 eV. The emitted photoelectrons were detected by a hemispherical analyzer positioned at a take-off angle of 45°. Survey-scan spectra were obtained at a pass energy of 187.85 and 0.4 eV step resolution. An electron gun was employed for surface neutralization. The elemental concentration analysis was performed over three different positions by MultiPak v7.3.1 software.

## 2.9. In vitro bacterial adhesion test

Bacterial adhesion and biofilm experiments were performed using gram-positive (*S. aureus* 3953) and gram-negative (*E. coli* 3954) bacteria. The circular shape specimens ( $d = 8$  mm) were cut from the pristine and modified PVC samples before further investigation. The bacterial adhesion was performed as follows, the test tubes with 10 mL of sterile water solution of nutrient broth (Envitech, Czech Republic) were inoculated with given bacterial strain to reach  $10^8 \text{ CFU mL}^{-1}$  and left at room temperature for 30 min. Then, the specimens were inserted into the test tubes. After 24 h incubation at 37 °C under continuous shaking at 100 rpm, the test tubes were opened and the specimens were carefully removed from the medium, rinsed with sterile distilled water to

loosely adhered bacteria and placed into other test tubes containing 2 mL of sterile deionized water. The bacteria adhered on the surface of the specimens were removed by vigorous shaking of the test tube at 2000 rpm for 30 s and quantified by serial dilutions and spread plate technique. A 1 mL aliquot of the suspension was diluted decimally and from each dilution, 0.1 mL was transferred to a nutrient agar plate and the surviving bacteria were counted after 24 h of cultivation at 37 °C reported as CFU  $\text{cm}^{-2}$ . Each experiment was repeated in triplicate.

## 3. Results and discussion

### 3.1. Surface wettability analysis

The contact angle values of deionized water ( $\theta_w$ ) on different specimens are provided in Table 1. For convenience, each sample has been assigned a number from 1 to 6 whose notation is given in the table title. Based on the acquired data, sample 1 shows a hydrophobic surface where upon treating with DCSBD plasma (sample 2), an obvious change in  $\theta_w$  occurs and the hydrophilicity increases expectedly. This trend sustains concerning sample 3 on which PAA chains are grafted as a stronger hydrophilic tendency is exhibited regarding  $\theta_w$ . The hydrophilicity decreases as antibacterial agents are coated onto the surface (samples 4-6), yet, it is well above than that of sample 1. The induced hydrophilicity upon multistep modifications is surmised to stem from the formation of hydrophilic groups on the surface in particular in the case of sample 3 [33-35]. To delve further into the surface physicochemical variations of the samples, a widely used theory, Lifshitz-van der Waals/acid-base (LW/AB) [36], has been employed to estimate free surface energy values whose outputs based on diiodomethane, ethylene glycol, and deionized water as wetting agents are given in Table 1. As suggested by the data, sample 1 shows a basic nature ( $Y^{\sim} > X^{\sim}$ ). However acidity or basicity of neat PVC has been a matter of dispute [1,36,37]. Upon treating with plasma (sample 2), the total surface free energy ( $\gamma^{\text{tot}}$ ) increases concerning an evident change in contact angle values. This increase is mainly contributed by the polar (acid-base) component ( $\gamma^{\text{AB}}$ ), rather than by the dispersion one ( $\gamma^{\text{LW}}$ ), implying an introduction of polar oxygen-containing entities to the surface owing to the plasma treatment. A drastic rise in  $\gamma^{\text{tot}}$  and  $\gamma^{\text{AB}}$  values is evident for sample 3, compared to the samples 1 and 2, signifying the presence of polar carboxyl-containing units on the surface. A sharp decrease is observed in  $\gamma^{\text{AB}}$  and  $\gamma^{\text{tot}}$  values of samples 4-6 compared to the sample 3, however,  $\gamma^{\text{tot}}$  of the former goes beyond that of sample 1. It is worth noting that the lowest  $\Delta E$  is observed for sample 5 giving the impression that the surface is most likely covered with species containing alcoholic functionality which in fact points to bronopol. Also, sample 4 shows the maximum  $\gamma^{\text{AB}}$  compared to the samples 5 and 6 as it is deduced from ionic structure of benzalkonium chloride. Sample 6 exhibits the minimum hydrophilicity and  $\gamma^{\text{tot}}$  compared to samples 4 and 5. To draw a parallel between LW/AB theory and equation of state models, the predictions for surface free energy values of samples 1-6 based on three equation of state models [36] (Kwok-Neumann, Li-Neumann, and Wu) using four wetting agents are reported in Table 1. Although they yield lower outputs compared to LW/AB approach, the variation trend indicated from samples 1 to 6 is maintained. The Wu equation of state, on account of its fundamental assumptions, gives closer values to those from LW/AB approach.

The results obtained from contact angle measurements are substantiated by the information obtained from water absorption test given as histograms in Fig. 4. It is perceived from the data that the capacity for water absorption may be aided by an improvement in the surface tension as confirmed by several researchers [3,38-40]. Indeed, the hydrophilic modification is verified by the capacity for water absorption. The modified samples (samples 2-6)

**Table 1**

Contact angle analysis results of samples 1-6 using deionized water (w), ethylene glycol (E), diiodomethane (D), and formamide (F) as wetting agents. Sample 1: control/pristine; sample 2: plasma treated; sample 3: PAA grafted; sample 4: benzalkonium chloride coated; sample 5: bronopol coated; sample 6: Chlorhexidine coated (mean±standard deviation).

Specimen	$\theta_w$ (°)	$\theta_E$ (°)	$\theta_D$ (°)	$\theta_F$ (°)	$\gamma_{LW/AB}^-$ (mJ/m <sup>2</sup> )	$\gamma_{LW/AB}^+$ (mJ/m <sup>2</sup> )	$\gamma_{LW/AB}^{AB}$ (mJ/m <sup>2</sup> )	$\gamma_{LW/AB}^{LW}$ (mJ/m <sup>2</sup> )	$\gamma_{LW/AB}^{int}$ (mJ/m <sup>2</sup> )	$\gamma_{Ww}^d$ (mJ/m <sup>2</sup> )	$\gamma_{KN}^b$ (mJ/m <sup>2</sup> )	$\gamma_{LN}^c$ (mJ/m <sup>2</sup> )
Sample 1	85.9 (±2.5)	60.5 (±3.0)	43.5 (±3.5)	64.2 (±5.0)	5.1	0.0	1.0	37.8	38.8	37.8	33.3	33.6
Sample 2	64.9 (±3.0)	49.4 (±4.0)	36.2 (±5.5)	51.0 (±6.0)	24.9	0.5	6.7	41.5	48.2	41.5	40.4	40.7
Sample 3	46.5 (±4.0)	51.3 (±5.5)	38.0 (±5.0)	47.7 (±4.5)	62.9	2.7	26.1	40.6	66.7	51.9	43.1	43.4
Sample 4	66.6 (±3.5)	51.6 (±3.0)	32.5 (±3.5)	44.0 (±4.0)	24.0	0.8	8.8	43.1	51.9	43.1	41.1	41.3
Sample 5	63.2 (±4.0)	34.8 (±5.5)	33.5 (±2.5)	32.4 (±4.0)	17.6	0.0	1.9	42.7	44.6	49.3	44.7	44.9
Sample 6	68.7 (±3.0)	40.4 (±4.0)	37.0 (±4.0)	47.1 (±5.5)	13.2	0.1	2.0	41.0	43.0	41.0	41.1	41.4

<sup>a</sup> Surface free energy value according to Wu equation of state [36]. <sup>b</sup> Surface free energy value according to Kwok-Neumann model [36]. <sup>c</sup> Surface free energy value according to Li-Neumann model [36].

upon incubation in water for 24 h are found to be more hygroscopic compared to the pristine sample which shows a minimal uptake. Sample 5 shows a remarkably high water uptake after 24 h probably corresponding to distinctive surface attributes to be further discussed later. The corresponding surface densities of the absorbed water (mass of water/surface area) after subtraction from the control sample are displayed as an inset in Fig. 4 which correlate with the surface wettability. It may be utilized to provide some insight into the level of surface modifications.

### 3.2. Surface morphology analysis

Micrographs of the examined samples before and after multistep modifications are presented in Fig. 5. A relatively smooth, uniform morphology is observed for sample 1 which undergoes a significant alteration as a result of the DCSBD plasma treatment (sample 2) showing an etched character with an irregular shaped texture. This new morphology is advantageous for following coupling processes due to an increased surface area and roughness [5]. In fact, the generated pattern on the sample 2 surface is a consequence of competition between functionalization and ablation phenomena both leading to surface restructuring [8]. The occurrence of ablation is ascertained via gravimetric means where a weight loss of  $4.7 \mu\text{g}/\text{cm}^2$  has been observed due to the plasma treatment for 15 s implying an etching rate of  $\sim 2 \text{ nm/s}$  taking into account the density of the PVC grade used. According to the micrograph of sample 3 after chemical grafting, PAA chains form their

own submicron domains and ripple-like features are discernible on the surface. A factor contributing to the surface microstructure is the mechanism of the grafting, which is initiated by radicals generated on the surface. Some of the radicals may also be present below the top layer and initiate the grafting reaction. This brings about an apparently swelled grafted top layer following the diffusion of monomers and participation in chain propagation [41]. Indeed, the roughest morphology is observed for sample 3 compared to the others showing a brush-like pattern which forms an active support for subsequent modifications. Similar finding was reported on AA-grafted polyurethane [42]. Quantitatively, based on the gravimetric data, the average graft density of PAA, assuming uniform distribution, is estimated to be  $185 \mu\text{g}/\text{cm}^2$ , which is higher than the average values attained in similar works devoted to surface grafting of PAA [41,43,44]. Interestingly, the estimated graft density is on the order of the surface absorbed water density of sample 3 assessed in the former section. Regarding the approximate PAA homopolymer density,  $1.1 \text{ g}/\text{cm}^3$  [41], the grafted brush dry thickness should be on the order of  $1.5 \mu\text{m}$ . As presented in Fig. 5, an almost smooth and uniform morphology is found for samples 4 and 5. As for sample 6, a rough morphology is observed likely due to artifacts induced by electron irradiation.

### 3.3. Surface chemistry analysis

On the basis of the literature [45], the average sampling depth of ATR-FTIR probe equipped with ZnSe crystal for a polymer having a refractive index of  $\sim 1.5$ , like PVC, is  $\sim 4 \mu\text{m}$  which exceeds the normal thickness of modified layers on a substrate. Nonetheless, ATR-FTIR is still widely used to provide semiquantitative information on the chemistry of the near-surface region. The infrared spectra of samples 1-6 split over three different wavenumber ranges for the sake of clarity are illustrated in Fig. 6. The major characteristic bands of ester, and carbonyl-containing groups are observed in the spectrum of sample 1 in addition to pure PVC characteristic signals which is indicative of several additives existing in the current medical-grade PVC. Upon exposure to DCSBD plasma, no significant change is detected regarding the sample 2 spectrum, compared to sample 1. This is not only because of signals overlapping, but also due to the plasma modification depth being limited to solely top layers of the surface and cannot be well evidenced by ATR-FTIR. However a new peak of weak intensity appears around  $1630 \text{ cm}^{-1}$  assigned to C=C stretching mode as a consequence of the ablation (dehydrochlorination) process [46]. Based on the sample 3 spectrum, a very broad but weak peak appears in the range of  $3000\text{-}3400 \text{ cm}^{-1}$  corresponding to H-bonded -OH stretching mode in carboxylic acids. C-H stretching bands within  $2800\text{-}3000 \text{ cm}^{-1}$  gain height. The characteristic C=O stretching band around  $1720 \text{ cm}^{-1}$  is raised in magnitude. The peaks appearing within  $1400\text{-}1500 \text{ cm}^{-1}$  assigned to CH<sub>2</sub> vibra

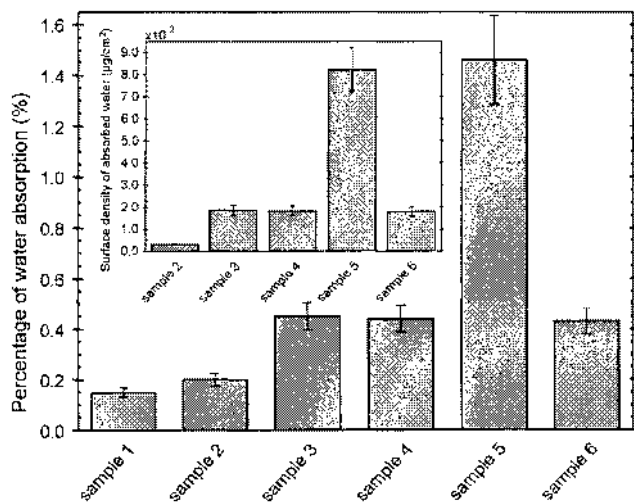


Fig. 4. Percentage of water absorption after 24 h for samples 1-6. The inset shows the corresponding surface density of absorbed water (the error bars depict standard deviations).

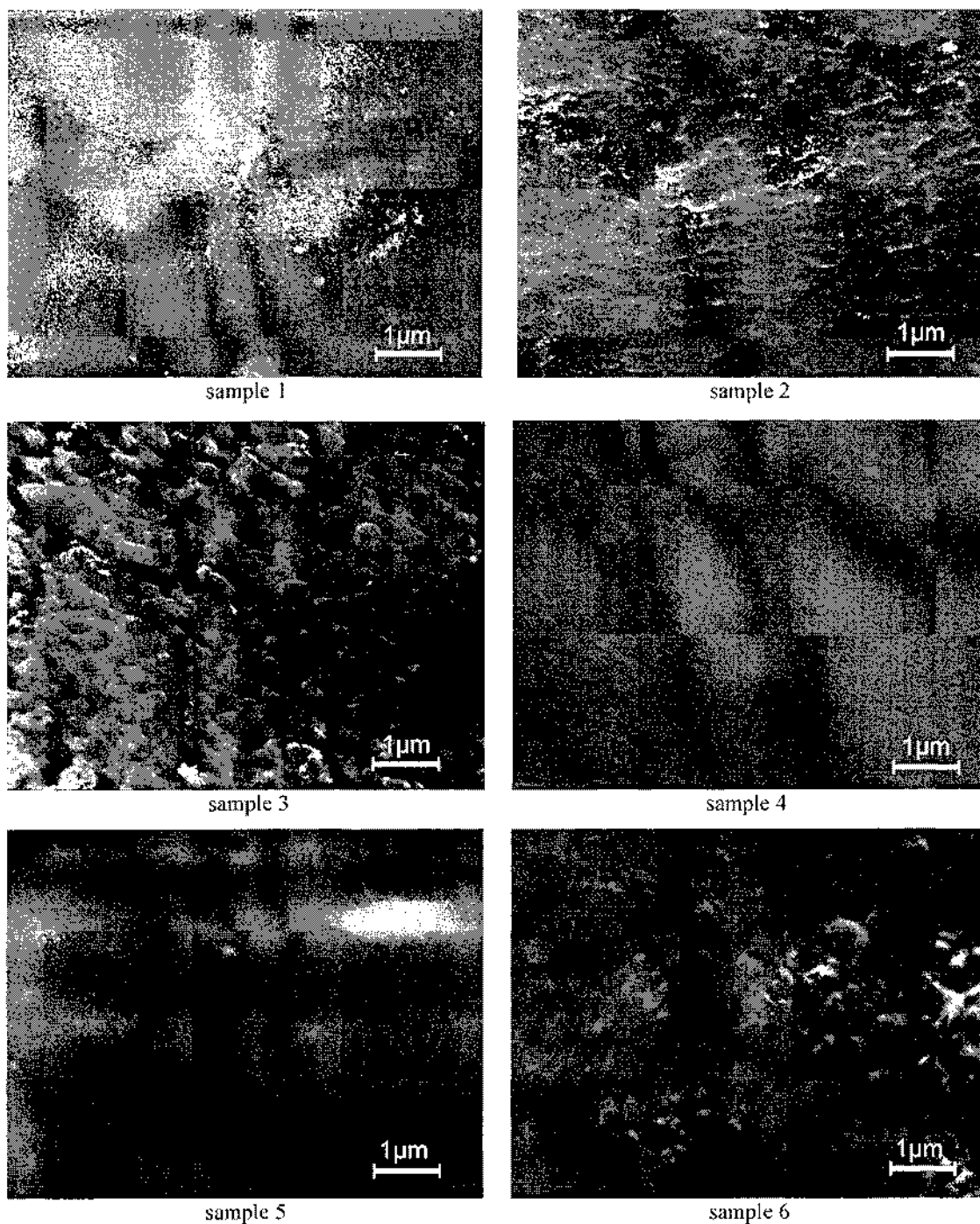


Fig. 5. SEM micrographs of samples 1–6 taken at 30000× magnification.

tion,  $\text{CH}_2$  deformation, and  $-\text{OH}$  bending modes slightly increase in intensity, so do the signals within  $1100\text{--}1300\text{ cm}^{-1}$  corresponding to  $\text{C}=\text{O}$  stretching vibration in carboxylic compounds as well as  $\text{CH}_2$  bending. The peaks within  $600\text{--}700\text{ cm}^{-1}$  associated with  $\text{C}-\text{Cl}$  bond stretching attenuate. The stated alterations lend support to the coupling of PAA units onto the surface. No significant changes emerge as benzalkonium chloride is coated on the surface (sample 4). The intensity and breadth of  $1720\text{ cm}^{-1}$  band due to  $\text{C}=\text{O}$  stretch reduces and slightly shifts down to a lower wavenumber. Weak peaks within  $1515\text{--}1565\text{ cm}^{-1}$  associated with  $\text{C}=\text{O}-\text{O}^-$  in carboxylic salts disappear. The peak at  $1480\text{ cm}^{-1}$  assigned to

$\text{CH}_2$  vibration in aliphatic compounds abates, so does the signal at  $1190\text{ cm}^{-1}$  corresponding to  $\text{C}-\text{O}$  stretching vibration in carboxylic compounds. Also, the peaks within  $550\text{--}580\text{ cm}^{-1}$  assigned to  $\text{C}-\text{C}=\text{O}$  bending mode attenuate. As for sample 5 which is coated with bronopol, a very broad peak emerges over  $3200\text{--}3600\text{ cm}^{-1}$  ascribed to  $-\text{OH}$  stretching vibration in alcohols. The absorption bands within  $2800\text{--}3000\text{ cm}^{-1}$  corresponding to  $\text{C}-\text{H}$  bond stretching mode of aliphatic compounds decreases in strength. The major peak of  $\text{C}=\text{O}$  group at  $1720\text{ cm}^{-1}$  abates. The intensity of peaks of  $1580$  and  $1600\text{ cm}^{-1}$  assigned to  $\text{C}=\text{O}-\text{O}^-$  anion stretching vibration in carboxylic salts decreases. A new weak sig

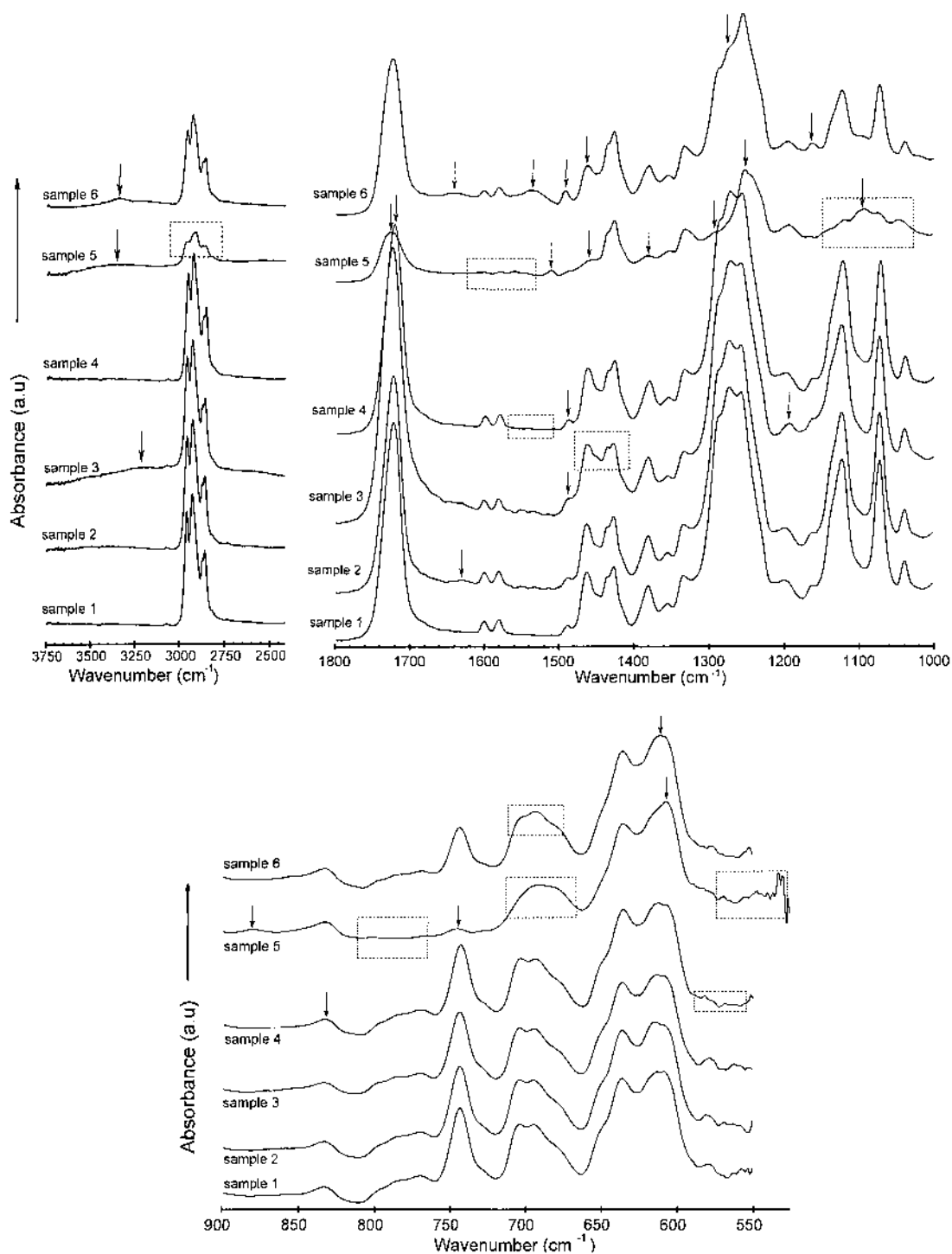


Fig. 6. ATR-FTIR spectra of samples 1-6 split over three wavenumber ranges.

nal comes into view at  $1520\text{ cm}^{-1}$  associated with  $\text{NO}_2$  stretching mode. The intensity of peaks over  $1400\text{--}1480\text{ cm}^{-1}$  corresponding to -OH bending in carboxylic acids and  $\text{CH}_2$  vibration in aliphatic compounds diminishes. A signal at  $1380\text{ cm}^{-1}$  related to  $\text{CH}_3$  in aliphatic compounds as well as  $\text{C}=\text{O}$  anion stretching vibration loses strength while the peak near  $1340\text{ cm}^{-1}$  intensifies which is characteristic of  $\text{NO}_2$  stretching deformation. A new peak arises at  $1090\text{ cm}^{-1}$  assigned to C-O stretching absorption in alcohols. Three peaks at  $1040, 1070,$  and  $1150\text{ cm}^{-1}$  corresponding to C-O-C

stretching mode in esters abate in strength, so do the bands over  $1220\text{--}1320\text{ cm}^{-1}$ . A new absorption at  $870\text{ cm}^{-1}$  appears which may be related to C-N stretching mode in nitro compounds. The signals within  $700\text{--}800\text{ cm}^{-1}$  assigned to C-Cl stretching mode of PVC and -CH deformation in substituted benzenes weaken in intensity. A sharp peak around  $540\text{ cm}^{-1}$  corresponding to C-Br stretch band emerges. Regarding the spectrum of sample 6 (coated with chlorhexidine) a new broad peak at  $3330\text{ cm}^{-1}$  arises corresponding to N-H stretching mode in secondary amines. The intensity of

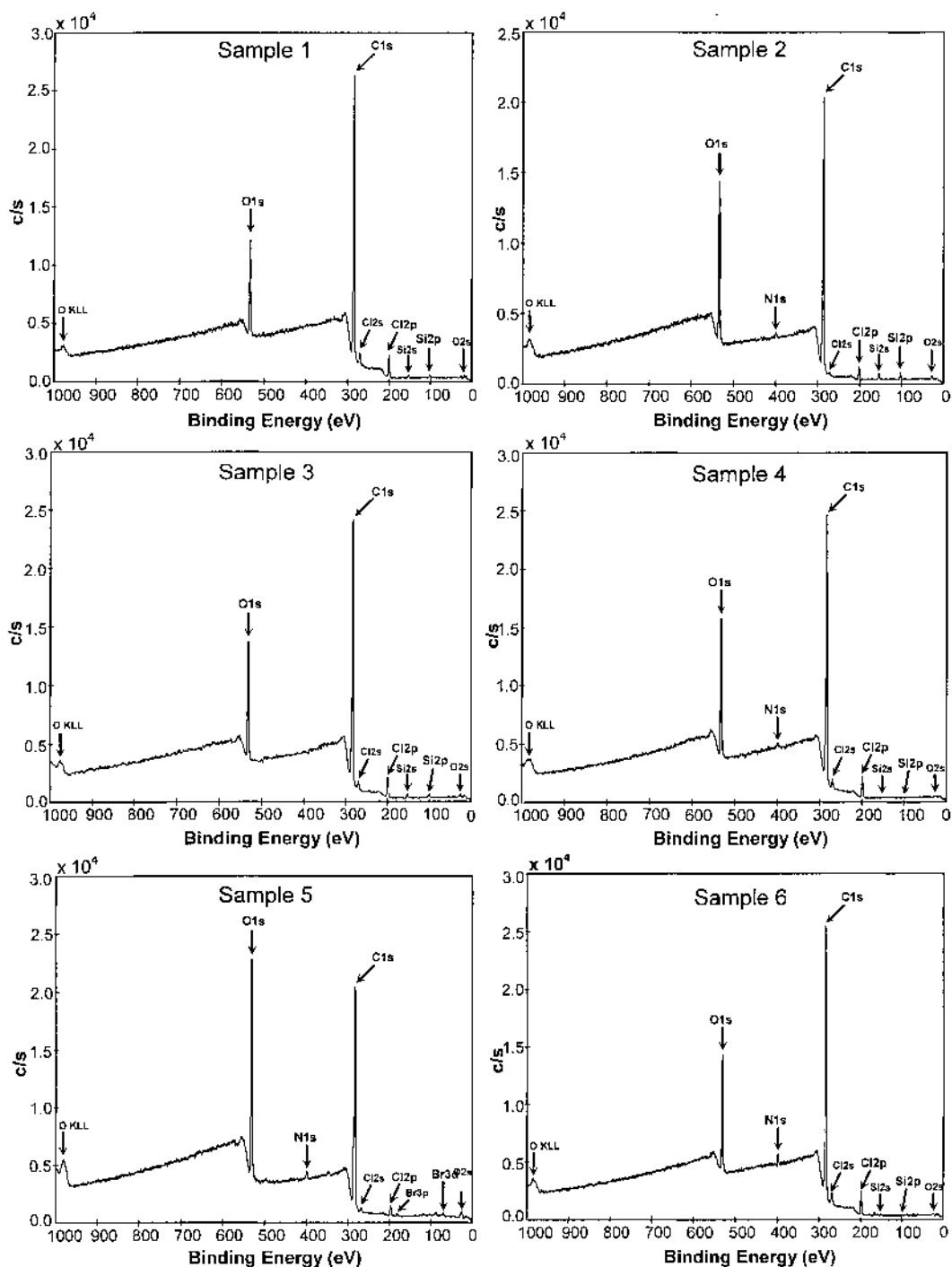


Fig. 7. XPS survey-scan spectra of samples 1-6.

signals over  $2800\text{--}3000\text{ cm}^{-1}$  corresponding to C-H bond stretching mode of aliphatic compounds reduces. The major C=O signal intensity at  $1720\text{ cm}^{-1}$  decreases. New broad peaks at  $1640\text{ cm}^{-1}$  corresponding to C=N vibration and  $1530\text{ cm}^{-1}$  due to aromatic ring stretching appear. The intensity of peak around  $1480\text{ cm}^{-1}$  corresponding to -OH bending in carboxylic acids and  $\text{CH}_2$  vibration in aliphatic compounds diminishes. Three peaks at  $1040, 1070,$  and  $1150\text{ cm}^{-1}$  corresponding to C-O-C stretching mode in esters abate in strength, so do the bands over  $1220\text{--}1320\text{ cm}^{-1}$ . The intensity of a peak around  $600\text{ cm}^{-1}$  corresponding to C-Cl bond absorption in

aromatic compounds increases. The aforesaid alterations in IR spectra of samples 4-6 give credence to the presence of the antibacterial agents on the surface.

To further examine the impact of multistep surface modifications, XPS is employed to gain a quantitative insight into the elemental composition of the surface with a probe depth on the order of  $5\text{ nm}$  [47]. The acquired survey spectra and the corresponding surface atomic compositions and ratios of samples 1-6 are given in Fig. 7 and Table 2, respectively. The preliminary analysis of sample 1 indicates the presence of carbon (C), oxygen (O), chlorine (Cl),



**Table 2**  
Surface elemental compositions and ratios of samples 1-6 obtained from XPS analysis (mean  $\pm$  standard deviation).

Specimen	C1s (%)	O1s (%)	N1s (%)	Cl2p (%)	Si2p (%)	Br3d (%)	O/C	N/C	Cl/C	Si/C
Sample 1	83.5 ( $\pm 1.0$ )	12.5 ( $\pm 0.4$ )	-	2.7 ( $\pm 0.5$ )	1.3 ( $\pm 0.3$ )	-	0.149	-	0.032	0.016
Sample 2	74.8 ( $\pm 0.6$ )	19.5 ( $\pm 0.5$ )	1.0 ( $\pm 0.4$ )	2.5 ( $\pm 0.5$ )	2.1 ( $\pm 0.2$ )	-	0.261	0.073	0.033	0.028
Sample 3	79.9 ( $\pm 0.9$ )	16.3 ( $\pm 0.2$ )	-	2.5 ( $\pm 0.2$ )	1.3 ( $\pm 0.5$ )	-	0.204	-	0.030	0.016
Sample 4	78.7 ( $\pm 0.6$ )	18.0 ( $\pm 0.2$ )	0.4 ( $\pm 0.1$ )	2.5 ( $\pm 0.3$ )	0.4 ( $\pm 0.0$ )	-	0.229	0.005	0.003	0.005
Sample 5	69.1 ( $\pm 1.5$ )	25.7 ( $\pm 2.0$ )	1.8 ( $\pm 0.1$ )	3.0 ( $\pm 0.4$ )	-	0.3 ( $\pm 0.1$ )	0.372	0.026	0.043	-
Sample 6	79.8 ( $\pm 0.1$ )	14.8 ( $\pm 0.5$ )	2.1 ( $\pm 0.2$ )	3.1 ( $\pm 0.3$ )	0.1 ( $\pm 0.0$ )	-	0.185	0.026	0.039	0.001

and silicon (Si) elements whose composition and elemental ratios are presented in Table 2. Based on the data, the C12p atomic content is significantly lower than expected for a standard PVC containing no additives originating from the presence of several additives and also X-ray degradation [48]. Due to the same reason, a considerable amount of O1s is detected on the sample 1 surface which is not a typical element found in standard PVC. This verifies the ATR-FTIR results. Finally, XPS discerns traces of silicon on the sample 1 surface, which most likely appear because of the production/moulding process as a contaminant. Apparent alterations in C1s, O1s, and Cl2p core-level signals intensity arise for sample 2 quantitatively indicated in Table 2. The C12p content decreases and O1s content considerably increases. Thus, ablation leads to introduction of oxygen-containing entities and also dehydrochlorination. Furthermore, nitrogen element (N1s) is detected on the surface as a consequence of the air plasma treatment. It shows that the DCSBD plasma treatment for 15 s markedly influences the surface elemental composition. The modification is also reflected in O/C and Cl/C ratios when compared to those of sample 1. The former rises while the latter diminishes appreciably. Surprisingly, the amount of Si2p on the surface increases which may come from plasma parts as a contaminant. Upon PAA grafting, the O1s quantity compared to the plasma treated decreases, however, when compared to sample 1, it increases. Although, an O1s content higher than plasma treated was expected for sample 3 since a pure PAA surface would yield an oxygen atomic concentration of  $\sim 40\%$ , according to the literature [41]. This suggests that the PAA chains may be distributed not only on the surface but also in the subsurface layers extending well beneath the XPS probe depth. The C12p content shows no change upon PAA grafting. Besides, nitrogen is no longer detectable on the sample 3 surface. However, the Si2p signal abates due to the surface coverage. All atomic content ratios decrease for sample 3, when compared to sample 2. Nitrogen band (N1s) emerges in the spectra as three nitrogen-containing antibacterial agents are coated onto the surface (samples 4-6), among which the maximum belongs to chlorhexidine as expected. The C12p content increases as bronopol and chlorhexidine are coated onto the surface. Also, bromine is detected as Br3d in the case of sample 5 which ensures the immobilization of bronopol. Sample 5 shows a high content of O1s which seems to be the reason behind unusual hygroscopic behavior examined in an earlier section. The maximum atomic ratios of O/C and Cl/C are exhibited by the bronopol coated sample. The Si2p content decreases in samples 4-6. The XPS analysis manifestly supports the presence of three antibacterial agents on the surface, however, this is more substantial for chlorhexidine and bronopol than benzalkonium chloride. The role of glutaraldehyde as a fixative for chlorhexidine immobilization cannot be disregarded.

### 3.4. Bacterial adhesion and biofilm assay

Bacterial adhesion, the pivotal stage of biofilm formation, is an elaborate topic whose many aspects to date have not been well understood in which numerous physicochemical factors are involved [49]. The bacterial adhesion degree for samples 1-6 after 24 h incubation is presented as histograms in Fig. 8. However, the

but the results are evaluated herein after 24 h incubation for a better assessment of the biofilm formation. Regarding the adherence degree of *S. aureus* onto the samples, no decrease is observed in the number of viable colonies adhered onto the surface of samples 2-5 compared to the sample 1 implying the inefficiency of the modifications in reducing the adherence of *S. aureus* onto the surface. However, a 50% inhibition is observed for sample 6 suggesting the capability of chlorhexidine in hampering adhesion of gram-positive strain. Two capital factors seem determining in the observed adhesion degree trend, viz., wettability and surface topography. The adhesion degree is found to correlate with the hydrophilicity and roughness of the samples. For samples 1-3, an increase in hydrophilicity and roughness was remarked as previously proved and then a decrease was observed in the case of

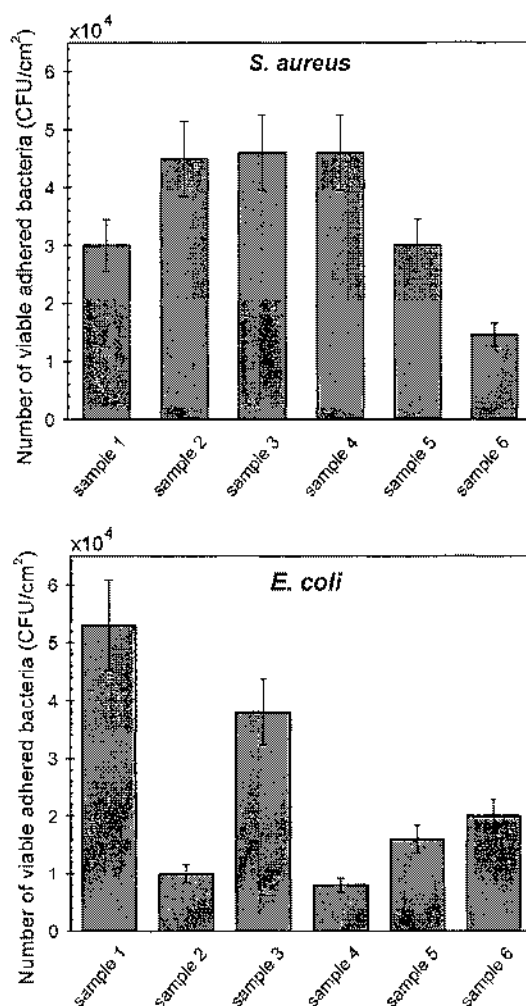


Fig. 8. Histograms of bacterial adhesion degree for samples 1-6 after 24 h incubation against two microorganisms (the error bars depict standard deviations).

samples 4 and 5. The variation of adhesion degrees also follows alike. Considering sample 6, it is inferred that chlorhexidine imparts biocidal effects against *S. aureus*. As for the *E. coli* adherence, the scenario looks different as it shows more susceptibility towards modifications. Samples 2-6 notably outperform sample 1 against bacterial adhesion. The plasma treatment is able to hamper the bacterial adhesion up to 80%, where the graft copolymerization of PAA reduces the adherence degree by 30%. Benzalkonium chloride, bronopol, and chlorhexidine restrain the adherence degree by 85%, 70%, and 60%, respectively. It is realized that among the three antibacterial agents used, benzalkonium chloride acts best against the gram-negative bacterial adhesion, while chlorhexidine is effective against both strains. The different bacterial behavior on the samples reflects the complex surface structure and motility of *E. coli* compared to *S. aureus* as described elsewhere [50]. Also, the number of *E. coli* adhered onto sample 1 is higher than that of adhered *S. aureus* mainly due to the difference between the physicochemical characteristics of the bacteria and materials [49]. Indeed, gram-negative *E. coli* has flagella on the structures external to the cell wall and so, has mobility. Furthermore, *E. coli* has fimbriae which make the bacterium more adsorbable. Therefore, the multistep modifications are more effective to *E. coli* than *S. aureus* [51,52]. Based on our results, the antibacterial samples do not fully inhibit the formation of the bacterial biofilm after 24 h incubation in a high cell concentration suspension which is in accord with a report from Zhang et al. [25]. Further investigations are essential as yet to shed more light on interaction of living microorganisms and biomaterials surfaces and its relevance to physicochemical characteristics.

#### 4. Conclusions

The adopted multistep physicochemical approach manifests itself as a promising strategy to regulate the anti-adherence properties of medical-grade PVC surface by curbing the adhesion of pathogenic bacteria. Benzalkonium chloride performs prominently by hampering *E. coli* adhesion by 85%, while it is unable to perform effectively against *S. aureus*. Bronopol similarly functions against *E. coli* (75% reduction) and *S. aureus* (no reduction). Chlorhexidine is found to be effective against both gram-positive and negative strains which decreases the adherence degree of the former by 50% and the latter by 60%. Furthermore, plasma treated and graft copolymerized samples are effective in diminishing the adherence of gram-negative strain. The *E. coli* adhesion course is found to be more vulnerable to the modifications and the employed antibacterial agents. The findings of this contribution are expected to be of merit not only from the applied standpoint as far as the indwelling medical implants are concerned, but also from the scientific viewpoint for it lies in the interface of the polymer surface science and

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