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Influence of the melt holding time on fat droplet size and the viscoelastic properties of model spreadable processed cheeses with different compositions

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1 **Influence of the melt holding time on fat droplet size and the viscoelastic properties of model**
2 **spreadable processed cheeses with different compositions**

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27

28 ABSTRACT

29

30 Spreadable processed cheese (SPC) samples, with 30 and 40% (w/w) dry matter (DM) and 30, 40
31 and 50% (w/w) fat in dry matter (FDM), were produced with nine individual melt holding times
32 (between 0 and 10 min) and stored for 30 days. Milk fat droplet size and viscoelastic properties
33 were determined. In general, longer holding times resulted in decreased diameter of the milk fat
34 droplets in all tested SPC samples. Furthermore, the size of the milk fat droplets decreased with
35 increasing DM content and decreasing FDM content. Furthermore, for most of the produced SPCs,
36 with the progress of the storage time, the G^* values decreased over the first 2 or 3 min (of the
37 applied holding time). In addition, prolonging the holding time and storage period resulted in an
38 increase of the samples G^* values. Increased DM content and decreased FDM content in SPC
39 samples resulted in increased G^* values.

40

1. Introduction

According to Codex Alimentarius Commission (2000), processed cheese (PC) is manufactured from one or more varieties of natural cheese. Moreover, other optional dairy ingredients (e.g., anhydrous butterfat, butter, cream, milk powder, whey, buttermilk, caseinates, coprecipitates) or non-dairy ingredients (preservatives, stabilisers, flavouring agents) can be added into the processed cheese blend to improve functional properties or modify composition (Černíková, Nebesářová, Salek, Řiháčková, & Buňka, 2017a; Codex Alimentarius Commission, 2000). Thereafter, the applied raw materials are shredded, blended, melted and emulsified at elevated temperatures in the presence of appropriate emulsifying salts (ES; e.g., sodium, potassium and/or ammonium salts of the citric, lactic, mono-, di- and/or polyphosphoric acids) (Codex Alimentarius Commission, 2000; El-Bakry, Duggan, O’Riordan, & O’Sullivan, 2010). In addition, the relationship between a minimum level of dry matter (DM) and a minimum level of fat in DM (FDM) in PC is also specified by the Codex Alimentarius Commission (2000). However, Codex standards are not legislation. Therefore, on the markets of the European Union (EU), there exist products with DM content lower than the amount required by the standard, whereas they still appear to be named as “processed cheese” (Černíková et al., 2017a). In particular, the above-mentioned products must comply with the internal legal regulations of the individual member EU countries. In general, according to Hickey (2011), legislation on PC and related products varies a lot around the world.

One of the most important stages of PC manufacture is the continuous heating and stirring of the ingredients for a period of time allowing the formation of a homogenous and smooth mass (Fu & Nakamura, 2020). In addition, during blending and melting, ES partially solubilise caseins due to the ion-exchange (calcium to sodium or potassium) phenomenon (Fu et al., 2018b). In particular, the fat present is emulsified and the proteins are hydrated. Both the solubilisation and the hydration of casein, resulting in a temporary loosening of the protein network and a decrease in the viscosity

67 of the melt. However, because of the swelling of the protein units, the protein-protein interactions
68 intensify as the degree of peptisation increases.

69 The solubilised protein molecules may also associate with lipids. The proteins present in the
70 formed gel network could form hydrogen and disulphide bonds, as well as electrostatic and
71 hydrophobic interactions may occur. Furthermore, denatured β -lactoglobulin can interact with other
72 proteins in the network such as κ -casein and other whey proteins by forming disulphide bridges.
73 These interactions can cause an increase in the firmness of PC and decrease its meltability
74 (Bowland & Foegeding, 2001; Nogueira de Oliveira, Ustunol, & Tamime, 2011). Calcium bridges
75 and calcium-phosphate complexes may also be involved during the processing (Buňka et al., 2014).
76 The re-association of the proteins results in an increase in viscosity.

77 The creation of the final network of the PC matrix is called creaming. The latter
78 phenomenon is realised during heating, cooling and storage (Dimitreli, Thomareis, & Smith, 2005;
79 Kawasaki, 2008; Lee, Buwalda, Euston, Foegeding, & McKenna, 2003; Mozuraityte, Berget,
80 Mahdalova, Grønsberg, Øye, & Greiff, 2019).

81 Furthermore, consistency is one of the most important properties of PC and many factors
82 can influence this. The latter factors can be categorised into three main groups: (i) composition of
83 the raw materials applied (type and degree of maturity of natural cheeses, their chemical
84 composition, type and quantity of ES, additional ingredients, etc.), (ii) processing parameters
85 during manufacturing (temperature during melting, speed of agitation, holding time under melting
86 temperature, rate of cooling), and (iii) storage conditions (temperature, time and permeability of the
87 packaging material used) (Černíková, Pachlová, Holas, Moudrá, Slintáková, & Buňka, 2018b; Fu &
88 Nakamura, 2018; Fu et al., 2018a).

89 The effect of processing parameters, such as holding time of the melt, on the consistency of
90 PC spreads has been studied extensively. Swenson, Wendorff, and Lindsay (2000) investigated fat-
91 free PC (with 40%, w/w, DM content) and stated that, the longer the holding time, the lower the
92 firmness of the product. However, Bowland and Foegeding (2001) examined the effect of

93 processing time (10, 20 and 30 min) on the viscoelastic properties of model PC (49.5–52.5%, w/w,
94 DM; 51.4–54.5%, w/w, FDM) over a decreasing temperature regime from 25 °C to 80 °C (to
95 determine sample solidification). The authors concluded that there was no relationship when the
96 small strain analyses (G' , G'' , G^* and δ) were performed at temperatures lower than 80 °C.
97 Moreover, Lee et al. (2003) found that the apparent viscosity of spreadable processed cheese (SPC)
98 melt containing 50% (w/w) DM and 50% (w/w) FDM rose until 25 mins of processing at 80 °C and
99 then decreased. Furthermore, Černíková et al. (2017) and Černíková, Salek, Kozáčková, and Buňka
100 (2018c) investigated the effect of holding time of the melt in a selected temperature on the
101 viscoelastic properties of PC with 35% (w/w) DM and 40% (w/w) and 50% (w/w) FDM content.
102 These authors concluded that the firmness of PC decreased up to the 3rd minute of holding time but
103 then increased significantly (the maximum holding time applied was 20 min). Příkryl et al. (2018)
104 also examined the consistency of PC spreads (37%, w/w, DM and 50%, w/w, FDM) after holding
105 times of 1, 5 and 10 min, they stated that, the longer the melt is maintained at the melting
106 temperature, the more rigid the product becomes.

107 Nevertheless, the above-mentioned results are contradictory and the effect of holding time
108 on the consistency of PC spreads with different DM and FDM contents remains unclear. Especially,
109 the effect of holding times below 10 min (in close gaps within the holding time range) on SPC
110 samples (with different DM and FDM contents; produced under identical processing protocol)
111 viscoelastic properties described by the complex modulus and phase shift up to now is missing from
112 the existing scientific literature. In general, it is accepted that the short duration of the holding time
113 is economically advantageous. In the present study, model SPCs, manufactured with identical raw
114 materials and under constant processing parameters (temperature, agitation speed) as well as using
115 the same laboratory equipment, were examined. The aim of the research was to determine the effect
116 of the holding time (0, 1, 2, 3, 4, 5, 6, 8 and 10 min) of the SPC melt (at 90 °C) on the size of milk
117 fat droplets and selected viscoelastic properties (complex modulus and phase shift) of model SPC

118 samples with different DM (30 and 40%, w/w) and FDM (30, 40 and 50%, w/w) contents during
119 storage.

120

121 2. Materials and methods

122

123 2.1. *Manufacture of the samples*

124

125 SPC samples [6 different PC formulations (2 DM \times 3 FDM = 6)] \times 9 (holding times) = 54
126 samples in total] were manufactured according to the protocol previously described by Černíková et
127 al. (2017b). The formulation of the PC samples is presented in Table 1. The total weight of the
128 produced SPC samples ranged within the interval of 1105.6 to 1166.4 g per batch. The composition
129 of the ES used was as in the research of Černíková et al. (2017b). However, their total amount was
130 calculated as a constant ratio of ES to protein (0.15). The relative amount of ES applied is given in
131 Table 1. Total masses of ingredients prepared for the manufacture of the SPC samples were
132 calculated to be similar so as to provide comparable heat transfer.

133 The model SPCs were manufactured under laboratory conditions using a Stephan UMC-5
134 (Stephan Machinery GmbH, Halmen, Germany) equipped with indirect heating. The target
135 temperature was 90 °C (reached after approximately 12 min of processing) and the mixture was
136 heated under partial vacuum with an agitation speed of 1500 rpm. The applied holding times at 90
137 °C were: 0, 1, 2, 3, 4, 5, 6, 8 and 10 min (a separate batch of PC for each holding time was
138 prepared). Furthermore, the hot melt (immediately after production) was packed in polypropylene
139 containers (cuboid shape; length: 95 mm, width: 75 mm, height: 30 mm). The weight of the sample
140 in one container was approximately 85 ± 5 g. Containers were sealed with aluminium lids, left to
141 cool down at ambient temperature (target temperature 25 ± 1 °C; approximately 5 h) and then the
142 samples were transferred into a refrigerator (6 ± 2 °C) where they were stored over the whole

143 experiment. The samples were analysed 24 h after the manufacturing and at the 14th and 30th day of
144 storage.

145

146 2.2. *Basic chemical composition analysis of the samples*

147

148 The DM and fat contents were determined according to ISO (2004a) and ISO (2004b),
149 respectively. The FDM content of the PC samples was calculated as fat content divided by DM. The
150 pH was measured using a pH-meter equipped with a glass tip electrode (pH Spear, Eutech
151 Instruments, Oakton, Malaysia) into the samples at three randomly chosen locations. Analyses were
152 performed in triplicate.

153

154 2.3. *Rheological analysis of the samples*

155

156 A dynamic oscillatory shear rheometer (Rheostress 1, Haake, Bremen, Germany) equipped
157 with a plate-plate geometry (35 mm diameter, 1 mm gap) was used for the determination of the SPC
158 viscoelastic properties. Furthermore, all tested samples were measured in the control shear stress
159 mode at a frequency ranging from 0.05 to 100.00 Hz (at 20.0 ± 0.1 °C). The amplitude of shear
160 stress (20 Pa) was selected in the linear region of viscoelasticity. Additionally, the exposed edge of
161 the parallel-plates geometry was covered with a thin layer of silicone oil to prevent sample
162 dehydration. In oscillatory shear tests, the overall response of the sample may be characterised by
163 the complex modulus $G^* = [(G')^2 + (G'')^2]^{1/2}$, where G' is the elastic modulus (kPa) and G'' is the
164 viscous modulus (kPa). The G^* describes the total resistance to deformation of a material
165 (considered as an elastic solid) and is therefore, a measure of its consistency (Dimitreli &
166 Thomareis, 2008). Moreover, phase shift is the phase angle between stress and strain. In particular,
167 if $\delta < 45^\circ$ or $\tan\delta (G''/G') < 1$ or $G' > G''$, the material is more elastic than viscous (solid-like

168 behaviour). On the contrary, if $\sigma > 45$ or $\tan \delta > 1$ or $G' > G''$, the material is more viscous than
169 elastic (liquid-like behaviour) (Dimitreli & Thomareis, 2008; Sołowiej, Cheung, & Li-Chan, 2014).

170

171 2.4. Scanning electron microscopy analysis of milk fat droplet size

172

173 The analysis of the size of milk fat droplets was performed using a scanning electron
174 microscope JEOL JSM-7401F (Jeol, Japan) and ImageJ software (Wayne Rasband, Maryland,
175 USA). Before viewing the samples were prepared by chemical fixation, dried using Leica EM
176 CPD300 (Leica Microsystems, Austria) (Černíková et al., 2017a) and gold-plated in Sputter Coater
177 SCD 050 (Bal-tec, Liechtenstein). The microphotograph of each sample was analysed to determine
178 the fat droplet diameter (expressed in μm). Each sample was analysed twice (2 repetitions \times 3
179 batches; $n = 6$), and the results were expressed as median \pm standard error. The analysis of the size
180 of milk fat droplets of the SPC samples was performed after 30 days of storage.

181

182 2.5. Statistical analysis

183

184 The results obtained were evaluated using Kruskal-Wallis and Wilcoxon tests (the
185 significance level was 0.05). The chi-square test was applied for the comparison of the fat droplet
186 size of model SPC. Unistat® 6.5 software (Unistat, London, UK) and Microsoft Excel (Microsoft
187 Corporation, Santa Rosa, CA, USA) were used for the statistical analysis.

188

189 3. Results and discussion

190

191 3.1. Basic chemical composition of the samples

192

193 The chemical composition of the model SPC is presented in Table 2. The values of DM
194 were comparable during the 30-day storage time and ranged from 31.11 to 31.39% (w/w) for 30%
195 DM SPC and from 41.09 to 41.49% (w/w) for 40% DM SPC. The calculated FDM levels were also
196 in agreement with the target values (Table 2; $P > 0.05$). Therefore, these samples can be used to
197 determine the effect of the holding time on the size of milk fat droplets and the viscoelastic
198 properties.

199 Regardless of the combination of DM, FDM and storage time, prolonging the holding time
200 did not significantly affect the pH of samples ($P > 0.05$). Hence, the samples with 40% (w/w) DM
201 and 50%, w/w, FDM stored for 1 day showed pH values in the range 5.66 to 5.76 and 5.62 to 5.72
202 after 0 and 10 min of holding time, respectively. The ES applied can stabilise the pH of the PC due
203 to high buffering capacity (Fox, Guinee, Cogan, & McSweeney, 2017). Moreover, regardless of the
204 combination of DM, FDM and holding time applied, storage for 30 days resulted in a slight but
205 statistically significant ($P < 0.05$) decrease in sample pH. In addition, the pH of the SPC samples
206 ranged from 5.68 to 5.78 after 1 day and from 5.56 to 5.64 after 30 days of storage in the samples
207 with 30% (w/w) DM and 30% (w/w) FDM produced with 0 min of holding time.

208 These results are in agreement to those previously reported by Černíková, Nebesářová,
209 Salek, Popková, and Buňka (2018a), Černíková et al. (2017b, 2018c) and Salek et al. (2015). A
210 possible explanation could be hydrolysis of polyphosphate salts, which are more susceptible to the
211 nucleophilic attack of water at pH 5.6 than at pH 6.0 (Barth, Tormena, & Viotto, 2017). The pH
212 values depended on the DM and the FDM content ($P < 0.05$). The lowest values were determined
213 for the samples with 40% (w/w) DM and 30% (w/w) FDM (5.50–5.68 and 5.38–5.57 after 1 and 30
214 days of storage, respectively), with the highest values for those with 30% (w/w) DM and 50%
215 (w/w) FDM (5.83–6.03 and 5.72–5.91 after 1 and 30 days of storage, respectively) ($P < 0.05$). The
216 current observation could be attributed to higher concentration of lactic acid (from the applied
217 natural cheese – Edam) and ES. Furthermore, the addition of ES promotes an increase in
218 electrostatic repulsion, and greater casein dispersion (or peptisation) might occur (Lu, Shirashoji, &

219 Lucey, 2008). The pH of PC is affected by a few main factors regarding the applied ingredients and
220 ES: the proportions and types of different raw materials, their acidity and buffering capacity as well
221 as the level, type and buffering capacity of the ES (Fox et al., 2017). The model SPCs examined in
222 this study were manufactured using the same ingredients and types of ES, although in different
223 proportions.

224

225 3.2. *Viscoelastic properties of the samples*

226

227 The inner structure of the PC samples was evaluated by the complex modulus and loss angle
228 δ . Hence, the loss angle is related to PC melting properties and provides information about its
229 viscoelastic properties. In addition, higher loss angle values indicate higher degree of flowability
230 (Schädle, Eisner & Bader-Mittermaier, 2020).

231 The results of the complex modulus (G^*) and the phase shift (δ) of the model SPCs are
232 shown in Figs. 1 and 2, respectively. These parameters were not determined for the samples with
233 30% (w/w) DM and 50% (w/w) FDM at 24 h after manufacturing because they presented very
234 liquid-like behaviour. Furthermore, for most of the SPC samples produced, it was demonstrated
235 that, with longer storage times, the G^* value significantly decreased in the first 2 or 3 mins of the
236 holding time ($P < 0.05$). Nevertheless, a different pattern was observed in the sample with 30%
237 (w/w) DM and 50% (w/w) FDM contents, the G^* of which was constant up to the 5th min of
238 holding time ($P > 0.05$). In all tested samples, prolonging the holding time (up to 10 min) resulted
239 in an increase of the G^* values ($P < 0.05$). Moreover, a similar trend was previously reported by
240 Černíková et al. (2017b, 2018c) in PC with 35% (w/w) DM and 40 or 50% (w/w) FDM contents,
241 respectively. However, the current decreasing trend was identified only in the first three mins of
242 processing ($P < 0.05$). Fu et al. (2018a) found that stirring at 1500 rpm at 90 °C could increase the
243 viscosity of PC after approximately 4–6 min. However, those PCs had pH from 5.8 to 5.9 and
244 higher DM levels (54–55%, w/w) than those which were investigated in the present study.

245 In addition, during the continuous heating and stirring of the ingredients for SPC
246 manufacture, the formation of a homogenous mass occurred. Firstly, ES solubilise para-casein
247 molecules by breaking calcium phosphate bridges. Then, the fat becomes emulsified and the
248 proteins are hydrated (Mozuraityte et al., 2019). Therefore, casein peptisation could occur during
249 the initial holding time (2–3 min) leading to a decrease in the G^* values of the examined SPC
250 samples. Furthermore, a new protein network needs some time to be created. Probably the presence
251 of milk fat droplets with higher values of diameter could extend this time. In addition, the complex
252 modulus in the samples with 30% (w/w) DM and 50% (w/w) FDM started to increase after the 6th
253 min of holding time and these SPCs were characterised by milk fat droplets of the largest diameter
254 (Table 3, Figs. 1 & 3). Hence, due to swelling of protein units, the interactions between proteins
255 increased and association with lipids may have occurred. Thereafter, the re-association of the
256 proteins during the creation of a new protein network resulted in increasing firmness. The
257 continuous increase in G^* values of the SPC samples, observed during the holding time up to 10
258 min, corresponds to the progressive evolution of the creaming action and may be due to the
259 following reasons. Firstly, the size of milk fat droplets decreases when the holding time is
260 prolonged (Table 3 and Figs. 3 & 4). Moreover, the agitation process causes mechanical stress,
261 which accelerates solubilisation and hydration of the present proteins and peptides (Bowland &
262 Foegeding, 2001; Buňka et al., 2014; Černíková et al., 2018c; Lee et al., 2003). Furthermore,
263 interactions between proteins can be enhanced by calcium ions, which may neutralise the charge
264 repulsion between caseins. On the other hand, interactions may occur by cross-linking or bridging
265 between proteins. The strengthening of interactions between proteins can cause a more rigid
266 structure of PC (Sharma, Munro, Dessev, & Wiles, 2016). In parallel with the increase in G^* values,
267 the observed decrease in δ values ($P < 0.05$), during the holding time up to 10 min, showed that
268 SPC samples became more elastic.

269 Regardless of the combination of DM and FDM applied, the values of the complex modulus
270 increased during the 30-day storage period ($P < 0.05$). A more pronounced increase in G^* was

271 observed in the samples with 50% (w/w) DM, as the difference between the 1st and the 30th day of
272 storage was often over 100%. The increase in the G^* values could be caused by a decrease of the
273 pH which was most likely a result of hydrolysis of the applied ES or dissociation of other
274 compounds present in the PC (Černíková et al., 2018a). Increasing G^* can also be triggered by
275 changes in the crystalline form of polymorphic milk fat (Černíková et al., 2018c). A decrease of pH
276 can cause an increase of hardness of PC when disodium orthophosphate is used as ES, probably be
277 due to the decreased electrostatic repulsion (Lu et al., 2008). In contrast, phase shift values
278 decreased over the 30-day storage period ($P < 0.05$), with SPC samples becoming increasingly
279 elastic.

280 The complex modulus was also dependent on the DM and the FDM contents. The lowest G^*
281 was determined in the samples with 30% (w/w) DM and 50% (w/w) FDM ($P < 0.05$). The G^*
282 increased as the DM increased and the FDM decreased ($P < 0.05$). In particular, the highest values
283 of G^* were reported in the samples with 40% (w/w) DM and 30% (w/w) FDM. Generally, we could
284 assume that, the higher DM and the lower FDM contents, the more rigid the SPC became and a
285 tougher and less spreadable consistency was seen. This could be probably attributed to the increase
286 in NFS and protein contents and, hence, to the strengthening of the protein network of the samples.
287 Similar findings were demonstrated by Černíková et al. (2017a), Dimitreli and Thomareis (2008)
288 and Guinee and O'Callaghan (2013). Moreover, analysis of the phase shift showed that all SPC
289 samples with 40% (w/w) DM and the those with 30% (w/w) DM and 30% (w/w) FDM,
290 independently of the holding time applied and the time of storage, exhibited more elastic than
291 viscous consistency (solid-like behaviour; phase shift less than 45°). Most of the samples with 30%
292 (w/w) DM and 40% (w/w) FDM also had this feature, except one, the sample manufactured with 2
293 min of holding time. However, its consistency changed into more elastic after 14 days of storage.
294 The samples with 30% (w/w) DM and 50% (w/w) FDM were found to be more viscous than elastic
295 (liquid-like behaviour; $\delta > 45^\circ$), regardless of the holding time applied and the storage period.

296 It could be concluded that the DM, FDM contents, holding time and length of the storage
297 time affected the rheological and thus, the sensory properties of the PC samples. In particular, the
298 increasing fat content reduced the values of complex modulus, resulting in softer PC products.
299 Moreover, the PCs with low DM content were more viscous than samples with higher level of DM
300 content. In general, some sensory properties (hardness, gumminess, chewiness and meltability) can
301 be affected similarly such as rheological properties with the prolonging of the storage time.
302 Furthermore, increasing holding time resulted in higher values of the G^* modulus.

303 Furthermore, from an economic point of view, shorter holding times could be evaluated as
304 more advantageous for the producers of PC. However, the production cost for PC manufacture can
305 vary significantly and could be affected by multiple factors (raw materials, energy costs, operation
306 costs, location, inflation, taxes, etc.) which could differ between countries. With respect to the
307 applied ingredients (natural cheese – Edam; butter; water and ES) cost implemented in the current
308 study the estimated production cost (€ kg^{-1} ; prices are for year 2019) of 1 kg of final product could
309 be as follows: $\text{€}1.70$, 30% (w/w) DM, 30% (w/w) FDM; $\text{€}1.57$, 30% (w/w) DM, 40% (w/w) FDM;
310 $\text{€}1.43$, 30% (w/w) DM, 50% (w/w) FDM; $\text{€}2.26$, 40% (w/w) DM, 30% (w/w) FDM; $\text{€}2.09$, 40%
311 (w/w) DM, 40% (w/w) FDM; $\text{€}1.91$, 40% (w/w) DM, 50% (w/w) FDM. In general, PC cheese
312 formulation can have an impact on final product price. Hence, higher DM content can result in
313 higher PC price. However, in the case of FDM content (comparing PCs with the same DM content)
314 the higher the FDM content, the lower the price of the final product.

315 316 3.3. Scanning electron microscopy of the samples and size of milk fat droplets

317
318 The development of the size of milk fat droplets of the model SPCs after 30 days of storage
319 in relation to the duration of the holding time is shown in Table 3 and Figs. 3 and 4. In general,
320 most of the samples presented diameter values lower than $1 \mu\text{m}$. Furthermore, similar findings were
321 previously reported by Gliguem, Lopez, Michon, Lesieur, and Ollivon (2011). Regardless of the

322 combination of DM and FDM applied, prolonging the holding time up to 10 min resulted in
323 decreased diameter of the milk fat droplets ($P < 0.05$), probably due to the extended rate of shear.
324 Moreover, a significant difference was observed between 0 and 2 or 3 min of the holding time ($P <$
325 0.05). According to Sutheerawattananonda, Fulcher, Martin and Bastian (1997) prolonging the
326 holding time can result in a reduction in the diameter of the milk fat droplets over the first 5 min.
327 However, in the aforementioned study, trisodium citrate was used as ES, which strongly chelates
328 micellar calcium, forms soluble complexes, and causes the dispersion of the proteins present,
329 leading to sufficient emulsification of the fat present within the PC matrix (Fu et al. 2018b,
330 Sutheerawattananonda et al. 1997). In addition, according to Fu et al. (2018a,b), longer stirring
331 times result in decreasing size of the milk fat droplets.

332 The size of the milk fat droplets depended on the DM and FDM contents and also on the
333 processing parameters. In particular, the diameter of the milk fat droplets decreased as the DM
334 content increased and the FDM content decreased ($P < 0.05$). Thus, the smallest diameter of milk
335 fat droplets was observed in the samples with 40% (w/w) DM and 30% (w/w) FDM contents (Figs.
336 3 and 4). The largest fat droplets were determined in processed cheese samples produced with 0
337 minute (Figs. 3 and 4, panels A, C, E) of holding time and the smallest fat droplets were present in
338 processed cheeses with the holding time 10 min (Figs. 3 and 4, panels B, D, F). This could be
339 attributed to the viscosity of the melt, which, as it increases, impedes the movement of the fat
340 droplets and contributes to their shearing during stirring. In fact, the more the DM increases and the
341 FDM decreases, the more the non-fat solids (NFS) and the protein contents increase.

342 The increase in firmness of processed cheeses was explained by Sutheerawattananonda et al.
343 (1997) by reducing the size of fat droplets, where a larger number of small fat droplets disrupt the
344 continuity of the protein matrix less intensely compared with the presence of a smaller number of
345 order of magnitude larger fat droplets. Simultaneously with the decrease in the size of fat beads,
346 those authors found that the stiffness of the monitored samples also increases with increasing
347 holding time. However, the above-mentioned authors also stated that the reduction in the size of the

348 fat droplets stops after about 5 mins of holding. Dimitriu and Thomares (2004) found that
349 increasing the protein content resulted in higher viscosity values of PC melt. Moreover, the samples
350 with 30% (w/w) DM and 30% (w/w) FDM and those with 40% (w/w) DM and 50% (w/w) FDM
351 did not differ in fat droplet size ($P > 0.05$), as they had similar NFS contents (20.50–22.10%, w/w).
352 Černíková et al. (2017a) reported that also for PC with 35% (w/w) and 45% (w/w) DM and 40%
353 (w/w) and 50% (w/w) FDM the diameter of the milk fat droplets increased with the increasing level
354 of FDM. In addition, Lee, Klostermeyer and Anema (2015) also observed that the milk fat droplet
355 diameter decreased as the DM increased.

356

357 **4. Conclusions**

358

359 The study of six different types of model SPCs prepared and stored for 30 days showed that
360 the viscoelastic properties depend on the holding time, time of storage and DM and FDM contents.
361 For most of the produced SPCs, it was demonstrated that, on the 1st, 14th and 30th day of storage, G^*
362 (a measure of consistency) decreased in the first 2 or 3 min of the holding time and gradually
363 increased afterwards. In the most cases of DM and FDM contents, prolonging the holding time from
364 the 3rd min up to the 10th min and storage for 30 days increased the G^* in all samples examined.
365 Also, G^* increased with increasing DM content at constant FDM and also with decreasing FDM.
366 The same DM content and increasing FDM content caused decreasing value of G^* . Nevertheless,
367 inverse relationships were observed in the case of the phase shift evaluation. In addition, most of the
368 SPCs produced exhibited more elastic than viscous consistency (solid-like behaviour).

369 It could be concluded that DM and FDM contents, holding time and length of the storage
370 time affected the rheological properties of the PC samples. In particular, increasing fat content
371 reduced the values of complex modulus, resulting in more soft PC final products. Moreover, the
372 PCs with low DM content were more viscous than the samples with higher level of DM content.
373 This information may be relevant to industry practice. Moreover, longer holding times of the melt

374 can result in smaller diameter of milk fat droplets in the final product. However, a significant
375 decrease in size was observed after 2 or 3 min. Furthermore, the size of milk fat droplets decreased
376 as the DM content increased and the FDM content decreased. In general, from an economic point of
377 view, shorter holding times could be evaluated as more advantageous for producers of PC. In
378 addition, PC cheese formulation can have an impact on final product price, as higher DM content
379 can result in higher PC price. Comparing PCs with the same DM content, the higher the FDM
380 content, the lower the price of the final product.

381

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383

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389

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Figure legends

Fig. 1. The dependence of the complex modulus (G^* ; kPa) of the model processed cheese (PC) 1 day (24 h; ■), 14 days (○) and 30 days (▼) after manufacture using different holding times (0–10 min) at a melting temperature of 90 °C. Panels A, B and C: samples with 30% (w/w) dry matter content. Panels D, E and F: samples with 40% (w/w) dry matter content. Panels A and D, B and E, and C and D: PCs with 30%, 40% and 50% (w/w) fat in dry matter content, respectively. Values are expressed as mean \pm standard deviation (n = 8).

Fig. 2. The dependence of the phase shift (δ ; °) of the model processed cheese (PC) 1 day (24 h; ■), 14 days (○) and 30 days (▼) after manufacture using different holding times (0-10 minutes) at a melting temperature of 90 °C. Panels A, B and C: samples with 30% (w/w) dry matter content. Panels D, E and F: samples with 40% (w/w) dry matter content. Panels A and D, B and E, and C and D: PCs with 30%, 40% and 50% (w/w) fat in dry matter content, respectively. Values are expressed as mean \pm standard deviation (n = 8).

Fig. 3. Scanning electron microscopy images of processed cheeses (PCs) with 30% (w/w) dry matter content (scale bar 5 μ m; magnification 2500 \times). Panels A and B, C and D, E and F: show PCs with 30%, 40% and 50% (w/w) fat in dry matter content, respectively. Panels A, C, E: PCs produced with holding time 0 min. Panels B, D, F: PCs produced with 10 min holding time. FD*, place after milk fat droplets removed; P, protein; IP, insoluble phosphate.

Fig. 4. Scanning electron microscopy images of processed cheeses (PCs) with 40% (w/w) dry matter content (scale bar 1 μ m; magnification 10,000 \times). Panels A and B, C and D, E and F: show PCs with 30%, 40% and 50% (w/w) fat in dry matter content, respectively. Panels A,

C, E: PCs produced with holding time 0 min. Panels B, D, F: PCs produced with 10 min holding time. FD*, place after milk fat droplets removed; P, protein.

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Table 1

Formulation of the processed cheese samples with different dry matter content (DM) and fat in dry matter content (FDM) ^a.

| Raw materials (%) | Type of processed cheese (% , w/w) | | | | | |
|---|------------------------------------|---------|---------|---------|---------|---------|
| | 30% DM | | | 40% DM | | |
| | 30% FDM | 40% FDM | 50% FDM | 30% FDM | 40% FDM | 50% FDM |
| Dutch-type cheese | 53.5 | 45.4 | 37.6 | 71.2 | 61.0 | 50.2 |
| Butter | 1.1 | 6.4 | 11.4 | 1.6 | 8.4 | 15.2 |
| Emulsifying salt components | | | | | | |
| Na ₂ HPO ₄ | 1.0 | 0.8 | 0.6 | 1.3 | 1.1 | 0.9 |
| NaH ₂ PO ₄ | 0.4 | 0.4 | 0.3 | 0.6 | 0.5 | 0.4 |
| Na ₄ P ₂ O ₇ | 0.5 | 0.4 | 0.4 | 0.6 | 0.5 | 0.5 |
| Sodium salt of polyphosphate | 0.5 | 0.4 | 0.4 | 0.7 | 0.6 | 0.5 |
| Water | 43.0 | 46.2 | 49.3 | 24.0 | 28.2 | 32.3 |
| Emulsifying salts-to-protein ratio | 0.15 | 0.15 | 0.15 | 0.15 | 0.15 | 0.15 |
| Relative amount of emulsifying salts | 2.4 | 2.0 | 1.7 | 3.2 | 2.7 | 2.3 |

^a The total weight of the melt (g) ranged from 1105.6 to 1166.4; the percentages of emulsifying salts applied were: Na₂HPO₄, 39%; NaH₂PO₄, 18%; Na₄P₂O₇, 21%; sodium salt of polyphosphate, 22%.

Table 2

Basic chemical analysis of the processed cheese samples with different dry matter content (DM; % w/w) and fat in dry matter content (FDM; % w/w) during 30-day storage. ^a

| Parameters | Type of processed cheese (% w/w) | | | | | |
|--|----------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| | 30 % DM | | | 40 % DM | | |
| | 30 % FDM | 40 % FDM | 50 % FDM | 30 % FDM | 40 % FDM | 50 % FDM |
| Dry matter content (% w/w) ^b | 31.27 ± 0.33 ^a | 31.39 ± 0.27 ^a | 31.11 ± 0.26 ^a | 41.49 ± 0.25 ^b | 41.09 ± 0.33 ^b | 41.36 ± 0.31 ^b |
| Fat content (% w/w) ^b | 9.19 ± 0.30 ^a | 12.75 ± 0.36 ^b | 15.83 ± 0.38 ^c | 12.43 ± 0.32 ^b | 16.58 ± 0.34 ^d | 20.70 ± 0.48 ^e |
| Fat in dry matter content (% w/w) ^c | 29.40 ± 1.10 ^a | 40.63 ± 0.71 ^b | 50.88 ± 0.68 ^c | 29.95 ± 0.78 ^a | 40.35 ± 0.97 ^b | 50.04 ± 0.65 ^c |

^a For dry matter and fat content expressed as 95% confidence interval for mean of samples manufactured with different holding times and stored 30 days; fat in dry matter content calculated from means of dry matter and fat contents and expressed only as mean values. Means within a row followed by different superscript letters differ significantly ($P < 0.05$).

Table 3Size of milk fat droplets of model processed cheese samples after 30 days of storage. ^a

| Holding time (min) | Size of milk fat droplets (μm) | | | | | |
|--------------------|---|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|---------------------------------|
| | 30 % DM | | | 40 % DM | | |
| | 30 % FDM | 40 % FDM | 50 % FDM | 30 % FDM | 40 % FDM | 50 % FDM |
| 0 | 0.675 \pm 0.013 ^{Fd} | 1.027 \pm 0.037 ^{Ee} | 1.366 \pm 0.064 ^{Gf} | 0.207 \pm 0.009 ^{Da} | 0.285 \pm 0.007 ^{Eb} | 0.589 \pm 0.017 ^{Fc} |
| 1 | 0.668 \pm 0.025 ^{Fd} | 1.024 \pm 0.017 ^{Ee} | 1.355 \pm 0.086 ^{F,Gf} | 0.204 \pm 0.007 ^{Da} | 0.283 \pm 0.009 ^{Eb} | 0.581 \pm 0.015 ^{Fc} |
| 2 | 0.656 \pm 0.029 ^{Ed} | 1.018 \pm 0.062 ^{D,Ee} | 1.338 \pm 0.042 ^{Ff} | 0.198 \pm 0.009 ^{C,Da} | 0.279 \pm 0.010 ^{D,Eb} | 0.566 \pm 0.014 ^{Ec} |
| 3 | 0.613 \pm 0.023 ^{Dd} | 1.015 \pm 0.037 ^{De} | 1.238 \pm 0.079 ^{Ef} | 0.197 \pm 0.006 ^{Ca} | 0.272 \pm 0.008 ^{Db} | 0.544 \pm 0.014 ^{Dc} |
| 4 | 0.519 \pm 0.024 ^{Dd} | 1.010 \pm 0.026 ^{De} | 1.077 \pm 0.094 ^{Df} | 0.196 \pm 0.006 ^{Ca} | 0.255 \pm 0.009 ^{Cb} | 0.504 \pm 0.009 ^{Cc} |
| 5 | 0.511 \pm 0.019 ^{Cc} | 0.991 \pm 0.036 ^{C,Dd} | 1.064 \pm 0.068 ^{C,De} | 0.195 \pm 0.006 ^{B,Ca} | 0.247 \pm 0.007 ^{Cb} | 0.500 \pm 0.013 ^{Cc} |
| 6 | 0.496 \pm 0.016 ^{Cc} | 0.951 \pm 0.030 ^{Cd} | 1.036 \pm 0.048 ^{B,Ce} | 0.193 \pm 0.005 ^{B,Ca} | 0.234 \pm 0.007 ^{Bb} | 0.492 \pm 0.012 ^{Cc} |
| 8 | 0.462 \pm 0.015 ^{Bd} | 0.916 \pm 0.028 ^{Be} | 1.009 \pm 0.044 ^{A,Bf} | 0.186 \pm 0.006 ^{A,Ba} | 0.230 \pm 0.006 ^{A,Bb} | 0.439 \pm 0.005 ^{Bc} |
| 10 | 0.449 \pm 0.021 ^{Ad} | 0.844 \pm 0.026 ^{Ae} | 0.993 \pm 0.052 ^{Af} | 0.182 \pm 0.004 ^{Aa} | 0.224 \pm 0.007 ^{Ab} | 0.403 \pm 0.020 ^{Ac} |

^a Abbreviations are DM, dry matter content (% w/w); FDM, fat in dry matter content (% w/w). Values are expressed as mean \pm standard error (n = 6); means within a column (the difference between the different holding times) and within a row (the difference between the dry matter content and the fat in dry matter content) followed by different superscript uppercase and lowercase letters differ significantly ($P < 0.05$).

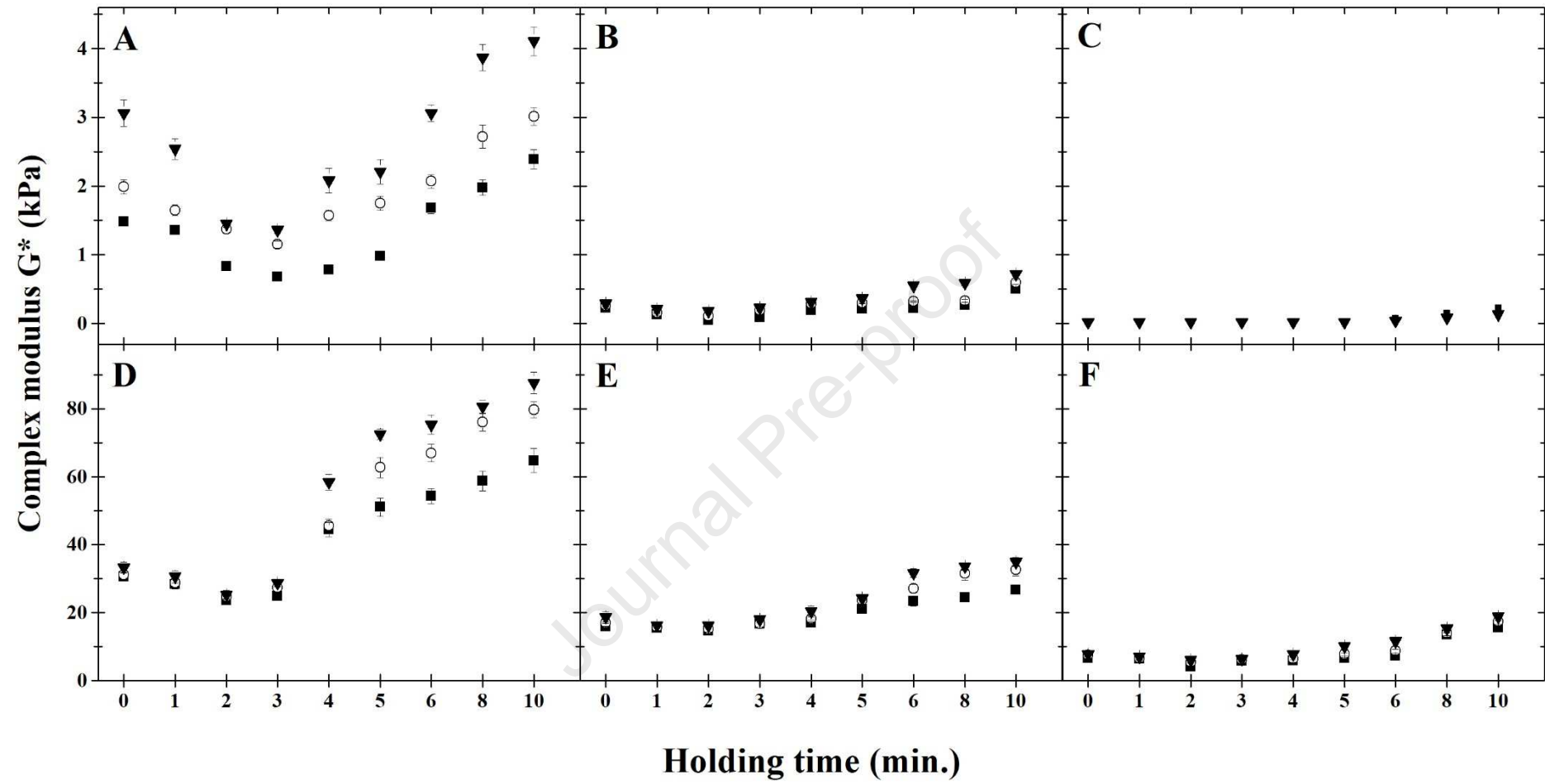


Figure 1

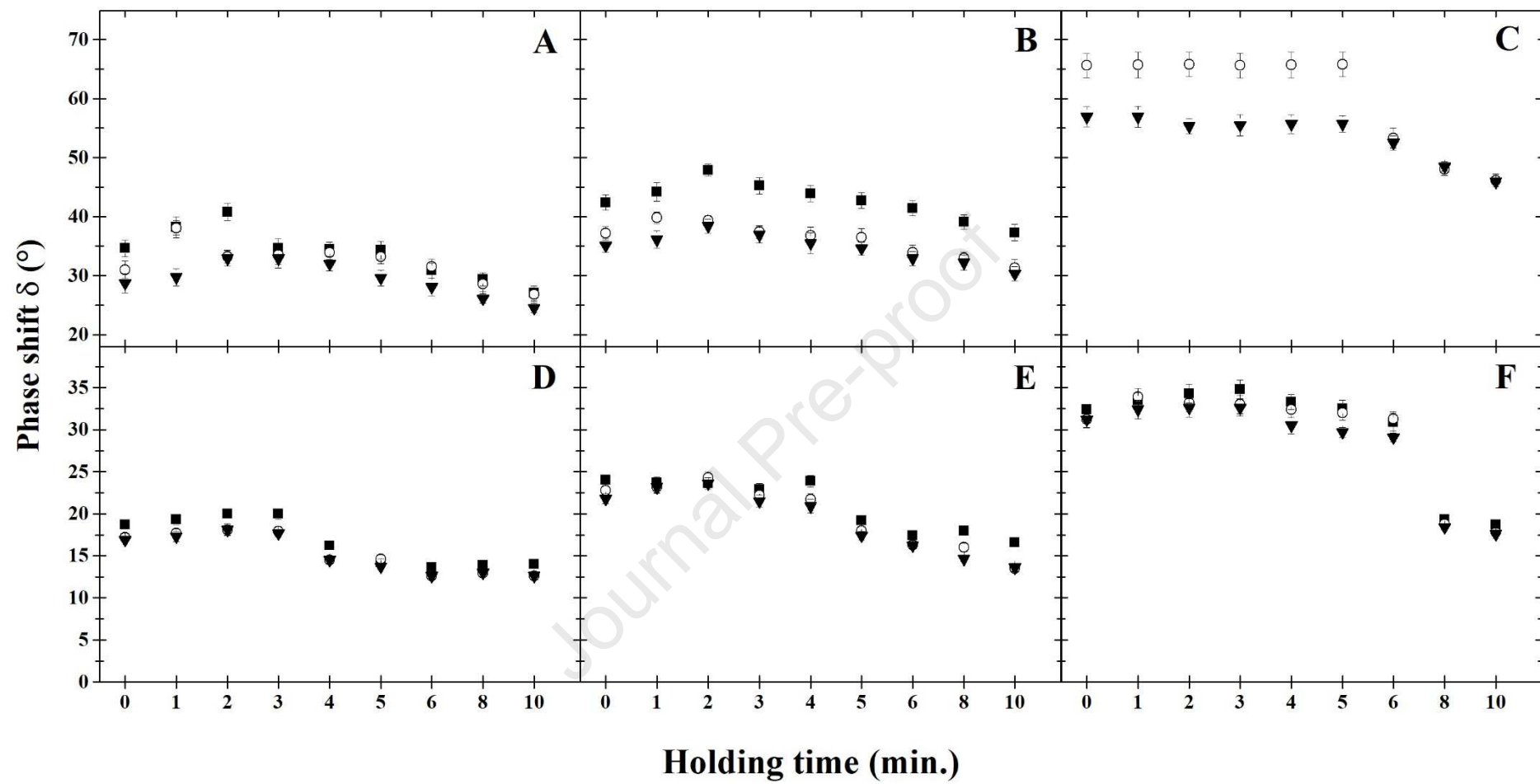


Figure 2

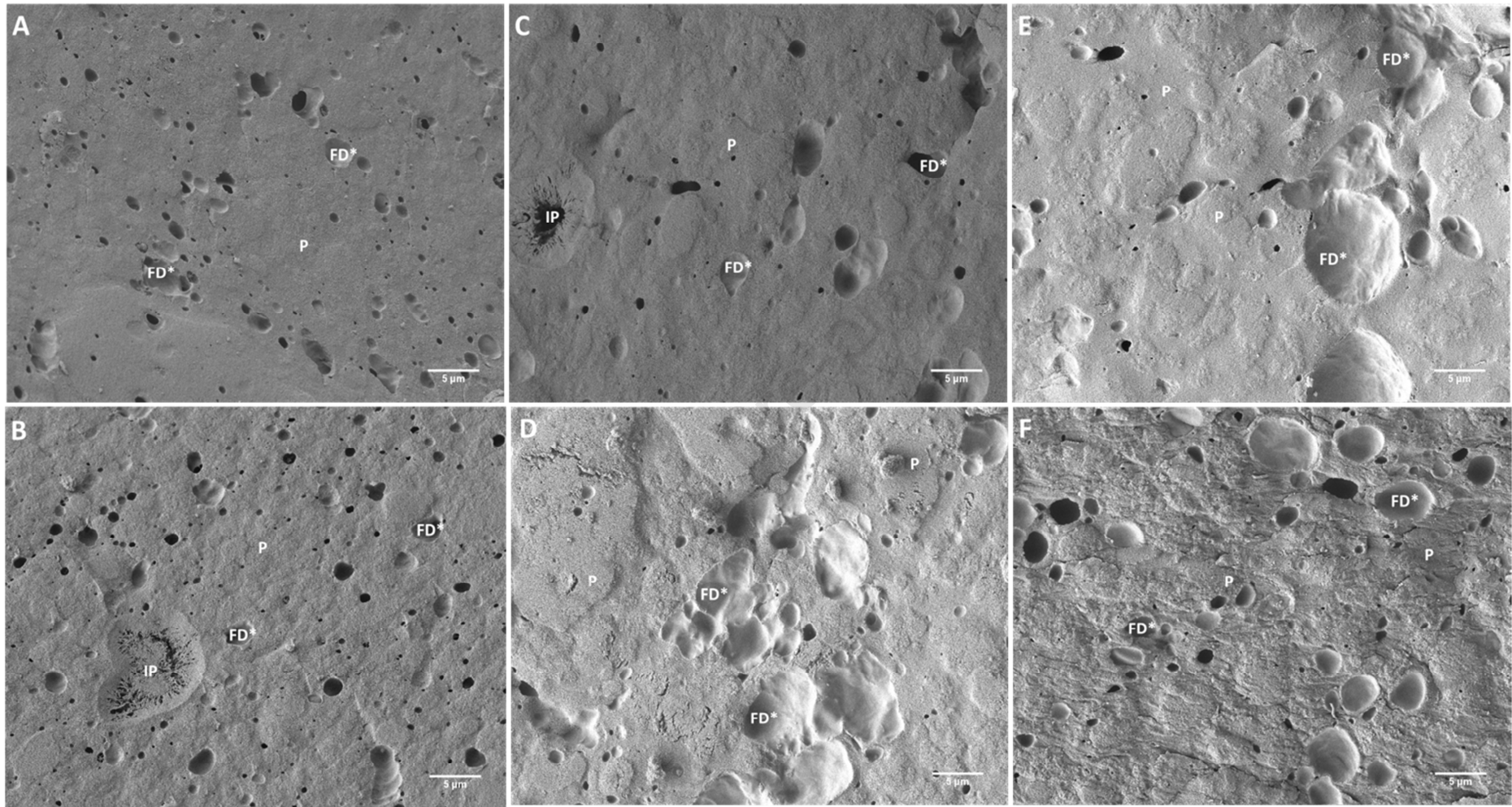


Figure 3

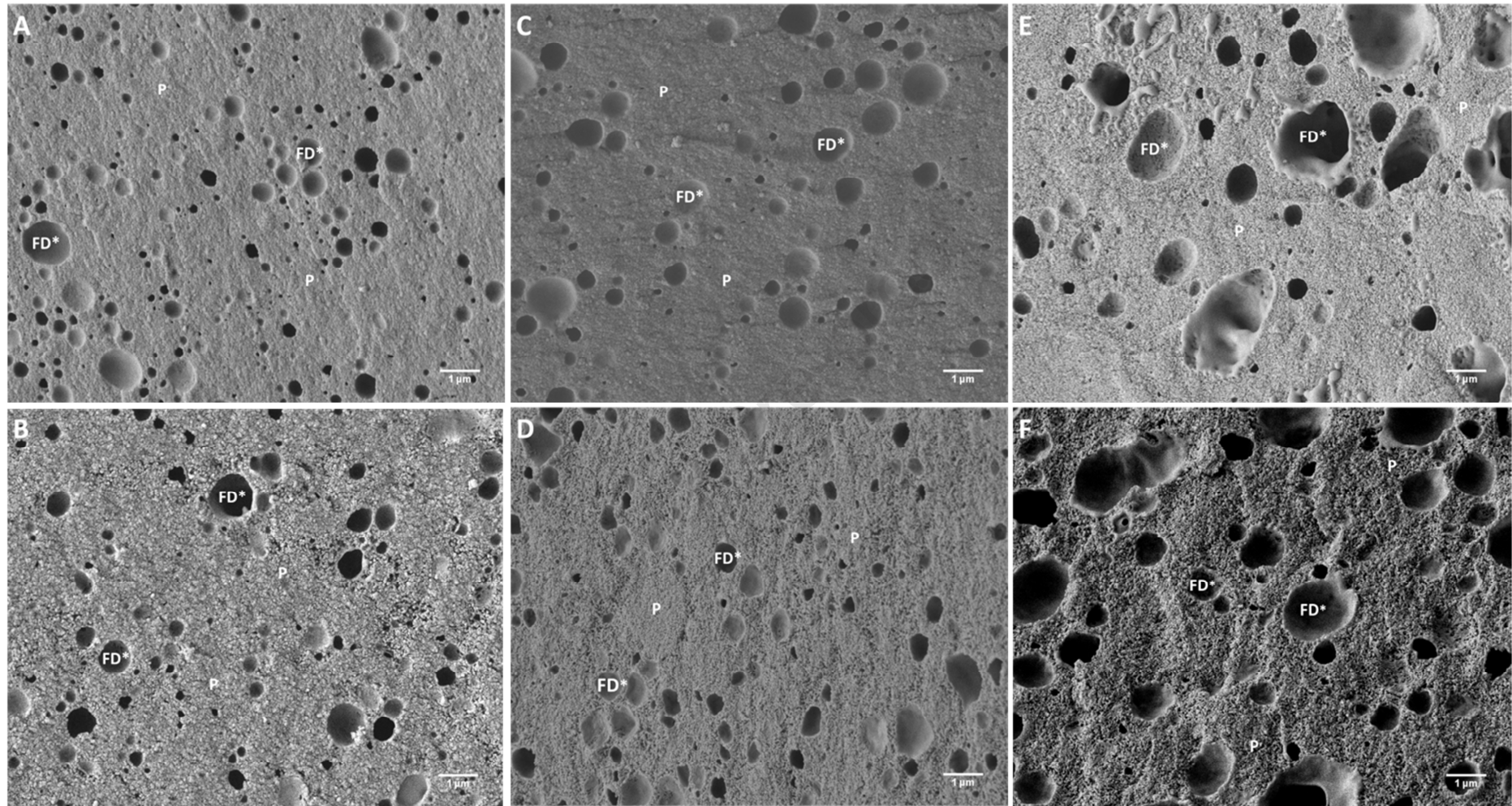


Figure 4